

FOREST HILL

Church of Christ

Sunday, February 11, 2024

BUT THOSE WHO WAIT FOR THE LORD will RENEW THEIR STRENGTH. They will MOUNT UP WITH WINGS like engles.

THEY WILL RUN, and not be weary. THEY WILL WALK, and not faint.

Isaiah 40:31

Member Accountability (In-person AND Virtual)

Attention! If you have trouble checking in, please stop by the Public Relations Ministry Table for help, or to get checked in. Thank you!

Scan the QR Code,

or text the word CHECK to

(817)563-7171

Then click the link.

(Each time you attend worship or classes.)

For accountability purposes, the link for each service/class is open for check-in until **MIDNIGHT** each time.



The Church of Christ in Forest Hill bringing glory to God by transforming lives through active evangelism, compassionate service, inspired edification and relevancy.



The Church of Christ in Forest Hill is committed to glorifying God and actively sharing the Spirit of Christ with all mankind by effectively equipping ourselves with spiritual development, fellowship, Christian compassion, and stewardship.





Spread the Word Difundir la palabra

Church of Christ in Forest Hill Conducts In-person Sunday Worship Service in Spanish Sundays: 10:00 a.m. Minister: Bro. José G. Martinez

Iglesia de Cristo en Forest Hill Conduce Servicio de adoración Dominical Presencial En Español Domingos: 10:00 a.m. Ministro: Hno. José G. Martinez

World Bible School Spreading God's Word throughout the World!

- Are you interested in working with this evangelistic effort?
- Please contact Bro. Roscoe Rhodes or Bro. Walford Jones for more information.



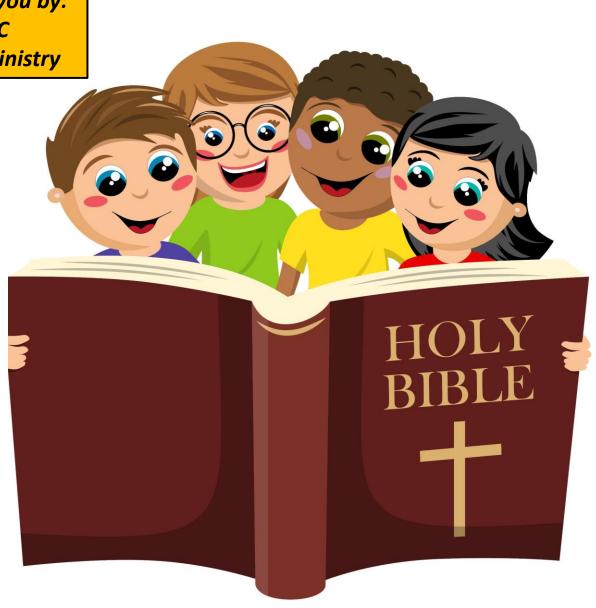
Attention Parents!

Brought to you by: FHCOC Worship Ministry

If you have a child between the ages of 4 through 9, please bring them to the Children's Bible Hour Class during the worship service (in the classroom next to the nursery).

The class is designed to enhance a solid Biblical foundation in our children by reinforcing the stories and books of the Bible for spiritual growth.

See Sis. Shanita Widemon for details.



SAVE THE DATE July 13 - 14, 2024



Church of Christ in Forest Hill Forest Hill, Texas

"Virtual (IN PERSON) Homecoming"



Evangelism Teams Offers Personal Bible Studies!

Scan the QR Code to let us know if you, or someone you know would like to schedule a Bible study via one of the following ways:

- Correspondence Course
- Phone Study
- Zoom Study
- In-person Study



Leadership Training for FHCOC **Present & Future** continual. Leaders and their Wives

Inday.

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When: Feb. 11, 2024 *Time: 2:30 p.m. – 3:00 p.m.*

Where: FHCOC Auditorium

Distribution of Food to the Community

No Food Distribution Rebruary 19th On February 19th On Februa FHCOC Food Pantry in partnership with

Remembe

nesians 2:10 "For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them." NKJV

Praise and Thanksgiving!

Praise God

- **Bro. Troy and Sis. Alesha** Brown are praising God for healing their daughter, Tennell.
- *Sis. Demetrices Kindles* was released from the hospital on Friday, 2/9/24. Please keep her in prayer for full recovery.

Please keep all in prayer for God's continued favor.



Gratitude

Sis. Dorace Ogwuegbu is grateful for the members who assisted in her recent move to her new apartment.

MARINY

She is grateful for the furnishings, decoration, and reorganization that has made her new place habitable.

"May God continue to richly bless each of you."

Sis. Ogwuegbu

Gratitude

"Dear Saints, Thank you for all your acts of kindness, resolution, and prayers. All who attended Bro. Willie Young's service, I appreciate the sacrifice.

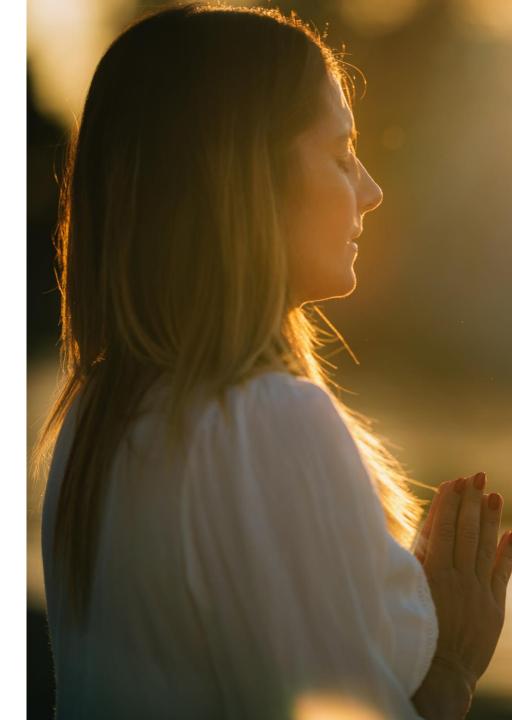
Please continue to pray for me as I walk this journey without him." Sis. Dorothy Young (Sister-in-law of our elder, Bro. Billy Young)





- Sis. Alexis Atkinson (that she may feel worthy and have faith that God Wants her to have)
- Sis. Cheryl Appleberry and Donna Johnson (for healing and restored health for Bro. Anthelas and Sis. Donna Johnson who are sick.)
- Sis. Erin Backus (for her faith to be strong and for her family's health, hearts, and grace; spiritual growth)

- Sis. LaTrese Cole (for her brother, Warren II's health to be renewed to wholeness)
- Sis. Angela Cothron (for grace for her family; for her daughter's health)
- **Bro. David Craft** (for healing for his wife, Renee)
- Bro. Jeffrey and Sis. Cimmarron Davis (for Catherine Davis, mother of Jeffrey Davis is ill; Johneatha Bailey, cousin of Cimmarron Davis hospitalized due to a serious medical incident.





- Please pray for our members who are in their aging season.
- Bro. Alton and Sis. Marver Easter (for their health)
- *Sis. Kimberly Geiger* (for confession and prayer request; pray that she will trust God, no matter what)
- Sis. Melinda Howard (for healing)
- **Bro. Aaron Hunter** (for God to continue to bless him with His grace and mercy)

- **Bro. LaJohn McDonald** (for confession and prayer request; thanks for prayers on behalf of his aunt and his family)
- Sis. Juanita McCoy (for healing)
- Bro. James Miller (for renewed health and strength; for his mother who is not feeling well; for upcoming medical decisions she and her family need to make)





- Bro. Mark and Sis. Tricia Reid (for grace)
- **Bro. Rodney Roland** (for confession and prayer request; for grace for him and his driving team partner)
- Bro. James Shaw (requesting prayers)
- **Bro Cliff Simril** (for keeping him and his family in prayer while he works)

- Sis. Alicia Swing (for healing)
- **Bro. Kelton White** (for confession and prayer request; to be the man he is supposed to be)
- *Sis. Shanita Widemon* (for her sister, LaBreda Walton, who is ill)
- Sis. Sonja Woodard (for confession and prayer request; for spiritual growth; keep her family in your prayers; requesting wisdom and direction as she makes important decisions; thank God for answered prayers)





- Special prayers for our elder, Bro.
 Walford Jones, who is ill.
- *Sis. Dorothy Lee* (for pain relief and recuperation)
- Sis. Jacqueline Pitts (for her friend, Yvette Burton of Houston, TX, who had a serious medical incident on Friday)

Condolences

We extend heartfelt condolences to Bro. Hamilton Landrum in the loss of his father **Hamilton G. McFerson**

who passed away on Monday, January 29, 2024.

<u>Funeral Service</u>: Sat. Feb. 24th, 11 a.m. Davis Funeral Home 89 Walnut Ave., Roxbury, MA 02119

Please keep the family in your prayers. Donations welcome: Cashapp: Cashhamm, or Zelle: 347-729-3766





Condolences

We extend heartfelt condolences to Sis. Kathy Bellamy in the loss of her first cousin,

Larry Donnell

of Houston, TX. He passed on Monday, 2/5/2024.

Sis. Bellamy solicits prayers for her family.

- <u>Sun., March. 10, 2024</u> West Mansfield Homecoming and Gospel Meeting (March 10-14)
- <u>Sun., March 31, 2024</u> Metropolitan Easter Song Service
- <u>Sat., April 6, 2024</u> Richmond Musical
- <u>Sun., April 7, April., 2024</u> Richmond Ave Homecoming and Gospel Meeting (April 7-10)





The Forest Hill Singers

New members are welcome.

See Sis. Alma Hills at the PR Table in the back for more information, or to join the group.

Regular rehearsals will start once Leadership Training is completed.



Did you know? February is American Heart Month.



Ministry

Take action to protect your heart by following these tips:

Maintain a Healthy Weight Maintaining a healthy weight is important for overall health and can help you prevent and control many diseases and conditions.

- Choose healthy snacks like fruits, vegetables, yogurt, or nuts, instead of sugary or high-calorie snacks.
- Stay hydrated with water as your primary beverage.
- Aim for at least 150 minutes of moderate-intensity aerobic exercise (such as brisk walking) or 75 minutes of vigorous intensity (like running) exercise per week.
 - Consider keeping a log of what you eat throughout the day.

Be More Active Getting enough physical activity helps to lower your risk of heart disease and stroke.

- Adults should spend at least 150 minutes (2 ½ hours) each week doing physical activity.
- Sit less! Take the stairs. Park farther away. March in place or take a walk around the block.
- Try muscle-strengthening activities like lifting weights, working with resistance bands, doing sit-ups and pushups, or some forms of yoga—whatever works for you.

• If you don't have a lot of time in your day, try being active for 10 minutes at a time. Anything that gets your heart beating faster counts!

Source: NIH – National Heart, Lung, and Blood Institute

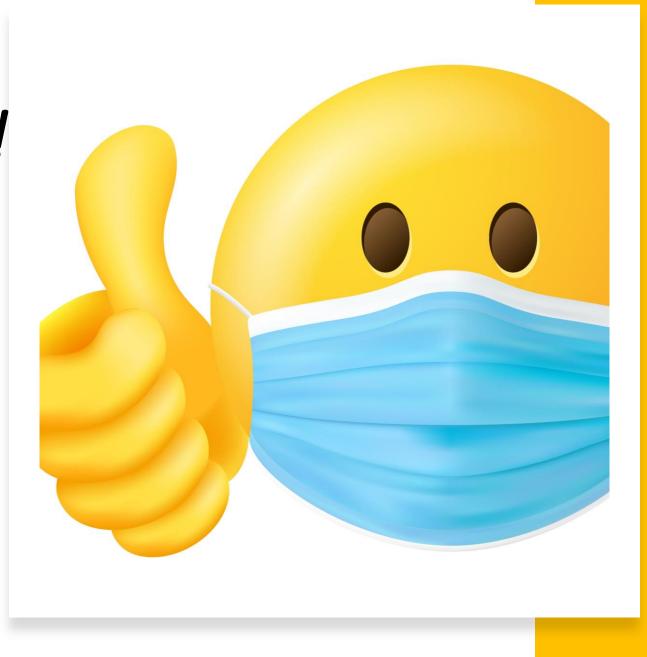
February is American Heart Month

FHCOC Heart Healthy Events for February 2024

- Thank you to those who wore **RED** today in recognition of Heart Health Month.
- View an important video about how to operate our AED tools near the end of worship service today, 2/11/24, and on 2/18/24, and 2/25/24.
- AED devices are located inside the church building in the foyer and the Education Wing.

The FHCOC Care Team says, be safe!

During this cold and flu season, please be safe. If you are feeling sick, please stay home. Feel free to wear a mask in the assembly. If you have any questions or concerns, please let us know. Thank you



2024 Table Talks

Take a few momentsto stop by the MinistryFair Table Talks in the back of the auditorium,immediately following worship services!

Get valuable information!

February Table Talks:

<u>Sun., 2/25/24</u> – **Graduation Program** info and sign up (Family Life Ministry)



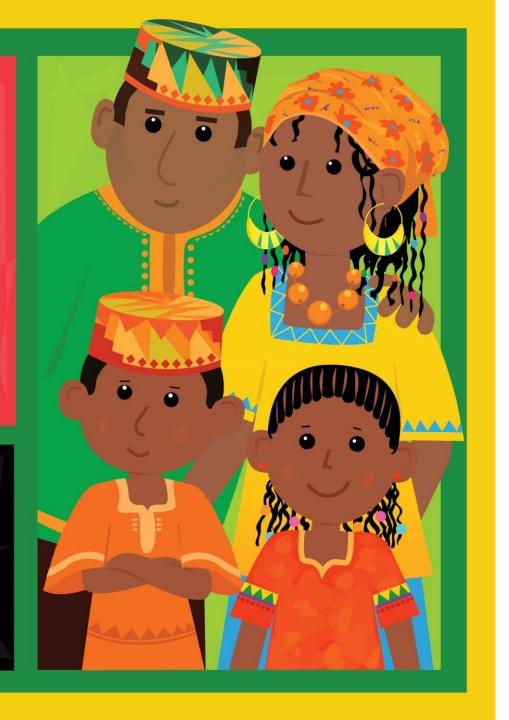
Forest Hill Church of Christ salutes

Black History Month

"Every Voice: A Portrait of African-American Churches of Christ," created by Ella Kennin, hangs in the entrance of Harding School of Theology's Meredith Restoration History Archive. Annie C. Tuggle, Marshall Keeble and Sylvia Rose are featured on the top row with Fred Gray, R.N. Hogan, G.P. Bowser and Samuel R. Cassius depicted on the bottom row.

Source – <u>The Christian Chronicle: An</u> International Newspaper for Churches of <u>Christ</u>, Feb. 22, 2023





FHCOC Black History Heritage Dress Day

Wear African Heritage Attitre on Sunday, February 25, 2024 in recognition of Black History Month.

2023 Contribution statements are available.

Request your statement by:

• Emailing <u>church.office@fhcoc.org</u>

or

• Texting (682) 234-7822 (If texting, please include your name and mailing address.)



Outreach Ministry presents Spring Festival 2024

Saturday, March 23, 2024, 11 a.m. – 3 p.m. Save the date! For more information, see Bro. and/or Sis. Richardson











Recently Baptized? Attend New Convert Classes!!!

Sunday mornings at 8:45 a.m.

Contact Elder Walford Jones for more information about the Sunday class.

Wednesday evenings at 7:00 p.m.

Contact Elder Ed Henderson for questions about the Wednesday class.



WOW Bible Class (Women of Wisdom)

Tuesdays at @10 a.m. 1st, 2nd, 3rd Tuesdays on Zoom; 4th Tuesdays in person More Info: See Sis. Marsha Landrum

SHOW ME THE WAY Presented by

The Tuesday Night

BIBLE CLASS

7:00 to 8:00 p.m. CDT ON TUESDAYS

Forest Hill Church of Christ LADIES

> Questions CALL 817-563-7171

Attention Brothers

Please join the Worship Ministry Coordinator, Bro. Kenneth Johnson, each Sunday morning for a morning briefing and prayer at 9:45 a.m. in the Overflow Room.

February Servers

<u>Scripture</u>: Bro. James Miller <u>Prayer</u>: Bro. James Cothron <u>Giving/Communion</u>: Bro. Darryl Sanders



Please Note!

The deadlines for submitting announcement requests to be published are as follows:

- Saturday, 6 p.m. for Sunday published announcements
- Wednesday, 2 p.m. for Wednesday <u>published</u> announcements

Only approved announcements will be published. Approved announcements submitted after the deadlines will be announced at response time, if possible.

Thank you for your understanding and cooperation.

Van Ministry

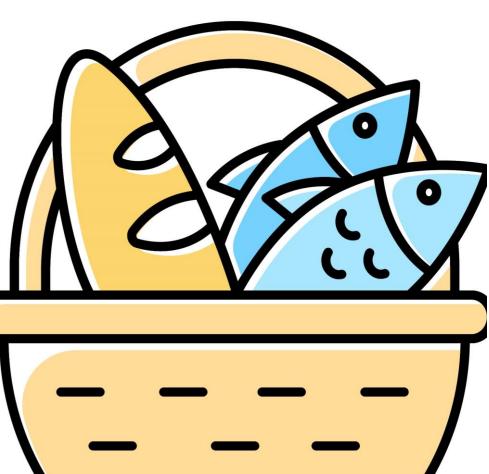
(The van is currently running only on Sundays)

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Members, if you wish to ride the van on Sunday morning, please leave a message by 9 p.m. on Saturday evening.

- The van phone is not consistently monitored, so please call only once for a pick-up request.
- Please call to cancel any requested scheduled pickup for which you will not be riding.
- A van driver will call you Sunday morning with a scheduled pick-up time for worship.

Van phone number: 817-300-3819



Fish & Bread Ministry

The Fish & Bread Ministry is designed to assist with meals on a short-term basis for:

- mothers that have just given birth, and
- members that are currently incapacitated and need assistance

Please contact the Administration office with your request and the Coordinator, Sis. Monica Cross will contact you directly. Lake Como Church of Christ extends a warm invitation to the Installation Ceremony for their new minister, Bro. Jarvis Davis.

Schedule of Events:

• <u>Morning Service</u>, 10:30 a.m., Dr. Kristopher DarDar of East Pointe Church of Christ, speaker

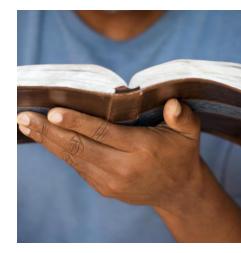
• <u>Lunch</u>: 12:30 p.m. – 2:15 p.m.

• <u>Installation Service</u>, 2:30 p.m., Dr. Rodney Dulin of Central Pointe Church of Christ, host

Russell Road Church of Christ's 22nd Annual Men's Day Seminar

Theme: "Finding Our Way Back Home"

- Topics and Presenters
 - When the Church Stopped Being the Church, Mike Williams
 - The Bible Has Not Changed, Why Have We? Jerry Houston
 - Finding Our Way Back Home, Randall Tucker
 - Plus, a Panel Discussion with 6 panelists who will address questions
- When: Saturday, February 24, 2024
- Time: Registration and Breakfast begins at 8:15 a.m. Lunch will be served.
- Where: Russell Road Church of Christ, 1852 Russell Road, Shreveport, LA 71107
- For more info, see the flyer in the foyer.



From the East Pointe Church of Christ

On Sunday, February 25, 2024, at 2:30 p.m. at the East Pointe Church of Christ (3029 Handley Dr., Ft. Worth, 76112), we cordially invite all communities and friends of faith to join together as we tell our story through song, the fine arts, narratives of history, and much more.

We will be serving a soul food meal after morning service, before the program.

We anticipate your presence as we convey this story. OUR story, like never before. Yours in the Most Holy Faith, Dr. Kristopher K. DarDar



AGES 18-39

CENTRAL POINTÉ CHURCH presents... BRIDGECON

GOVERNING OUR OBSTACLES DIVINELY

MARCH 8-10, 2024

CENTRAL POINTÉ CHURCH OF CHRIST 7440 S. Westmoreland Rd. | Dallas, TX 75237 | centralpointechurch.org Guest Speaker Pr. *Robert Dav*

DRAYTON MILLS CHURCH OF CHRIST SPARTANBURG, SC

Grandway Church of Christ Gospel Meeting and Fellowship Sunday

- **Preached by**: Bro. John H. Dansby Sr.
- Gospel Meeting: Wed., Fri., Mar. 20 – 22, 2024 @ 7 p.m. at 213 W. Burleson St., Marshall, TX
- Fellowship Day: Sun., Mar. 24, 2024 at the Marshall Convention Center, 2501 E. End Blvd S, Marshall, TX



Cedar Crest Church of Christ Celebrating a Century of Ministry

Save the dates! The Cedar Crest Church of Christ will be celebrating their 100th year anniversary for the entire month of March 2024. For more information about the month-long celebration, visit their website at cedarcrestcoc.org

SAT, MAR 2, 2024

All day
Albert Walker Sr. Community Day Festival

SAT, MAR 9, 2024 All day <u>Cephas A. Northcutt, Sr. Celebration Luncheon</u>

> SUN, MAR 10, 2024 All day <u>Minister's & Family Appreciation</u>

SUN, MAR 17, 2024 8:00 am - 5:00 pm Legacy Sunday; Past & Present Elders

SAT, MAR 23, 2024 C.C. Locke Celebration Musical

SUN, MAR 24, 2024 100th Homecoming Celebration

SUN MAR 31, 2024 Waydell Nixon Family & Friends Day



SOUTHSIDE LADIES DAY

Saturday, april 20 8am-2pm



IN THE VALLEY | COZETTE PALMER AT THE WELL | MELISSA MAHAFFEY AT THE CROSS | MELISSA ZENTENO IN THE GARDEN | VALERIE MCMAHAN

\$15 (BreakFast & LUNCH INCLUDED) CHILDCARE AVAILABLE (DONATIONS APPRECIATED) **FEGISTER @ SSCOFC.ORG/LADIESDAY**

SOUTHSIDE CHUICH OF CHIIST | 2101 HEMPHILL ST. | FOIT WOITH, TX | 76110

What: Southside Ladies Day Program "Walking in the Footsteps of Jesus"
Who: All Ladies Welcome (Childcare available)
When: Saturday April 20, 2024 from 8AM to 2PM
Where: Southside Church of Christ - 2101 Hemphill, St 76110

Why: Enjoy four different speakers for encouragement and insight on how we can walk daily in Jesus's footsteps. Come fellowship with other sisters in Christ and enjoy some good food as well!

How: Register online at <u>SSCOFC.ORG/ladiesday</u>

Cost: \$15 (Breakfast and lunch included.) *Note: Childcare is free, but donations are appreciated.*

Questions? Call the Southside COC office at 817-923-8276.

2024 Elders Membership Assignments List

Members, please consult this list to see the elder you are assigned for the 2024 year.

| Elder | Member's Last Name Begins With |
|-------------------|-----------------------------------|
| John Flenoid | Q – T |
| Ed Henderson, Sr. | U – Z |
| Henry Johnson | A – B |
| Walford Jones | С — Е |
| Andre Landrum | F — H |
| Roy Whatley, Sr. | I — K |
| Billy Young | L — P |



Schedule of Activities – Sundays

| Date & Time | Activity | Contact Person(s) | More Information |
|---|--|--|--|
| Sundays, 8:45 a.m. | Sunday Bible Study In-Person for all ages (No Stream) | Bro. Roscoe Rhodes (General adult class) Bro. Andrew Simmons (All ages) | 817-563-7171, public.relations@fhcoc.org |
| Sundays, 9:45 a.m. (Announcements - 9:45 a.m. Worship Service-@10:00 a.m.) | Announcements/Worship In-Person, and streamed on fhcoc.org, f, & & Zoom Phone | Bro. Roy M. Whatley, Sr. | 817-563-7171, roy.whatley.elder@fhcoc.org |
| Sundays, 10:00 a.m. | In-person Worship Service (English & Spanish) Servicio de adoración dominical | Bro. Roy M. Whatley, Sr. | 817-563-7171, roy.whatley.elder@fhcoc.org |

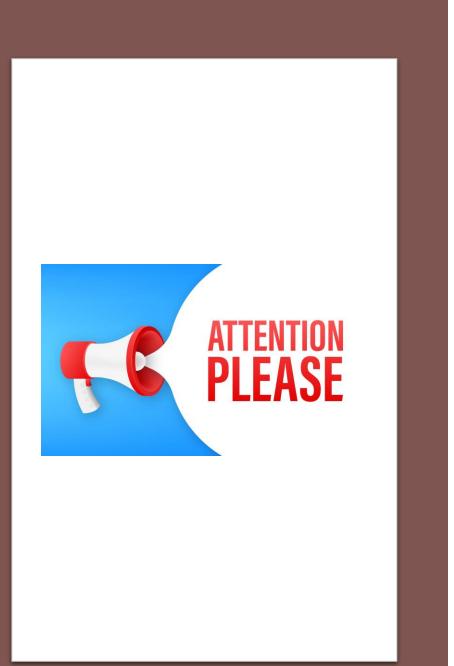


Schedule of Activities – Tuesdays through Saturdays

| Date & Time | Activity | Contact Person(s) | More Information |
|--|---|---|---|
| Tuesdays <i>,</i> 9:45 a.m. | Women of Wisdom (WOW) Bible Study 1 st , 2 nd , 3 rd Tuesday: On Zoom 4 th Tuesday: In-person. 5 th Tuesday: Local activities, if scheduled. | Sis. Marsha Landrum Sis. Brenda Thomas | |
| Tuesdays <i>,</i> 10:00 a.m. | Men's Bible Study In-Person only | Bro. Henry Johnson | 817-563-7171, public.relations@fhcoc.org |
| Tuesdays <i>,</i> 7:00 p.m. – 8:00 p.m. | The Tuesday Night Ladies Bible Class On Zoom | Sis. Doris Henderson | |
| Wednesdays, 7:00 p.m. | Wednesday Bible Study for all ages In-Person Adult Bible Class only is streamed on fhcoc.org, () () | Bro. Emanuel White, Sr. (General Adult) Bro. Andrew Simmons (All ages) | |

Resources

| Resource | Information |
|-------------------------|---|
| Church Website | • <u>www.fhcoc.org</u> |
| Submit a Prayer Request | Call the church phone: 817-563-7171 Text the church cell: (682) 234-7822 Email: <u>church.office@fhcoc.org</u> |
| Emotional Support | ChristianWorks offers Christian Counseling for members at a discounted rate of \$25/session. For a confidential referral email: <u>fhcoc.cwc@gmail.com</u> |
| Giving Options | Website: <u>https://fhcoc.org/other/give</u> Text: (817) 373-5370 Zelle: <u>church.office@fhcoc.org</u> U.S. Mail Church of Christ in Forest Hill 3916 Forest Hill Circle Forest Hill, Texas 76140 |



Email Updates Please Note

Church Office <u>church.office@fhcoc.org</u>

Bro. Emanuel White, Sr. <u>emanuelwhite@fhcoc.org</u>

Moving forward, please use these email addresses when emailing our church office or Bro. White. Thank you!



3916 Forest Hill Circle Forest Hill, Texas 76140

Office Phone: (817) 563-7171 Church Cell Phone: (682) 234-7822

Email: <u>church.office@fhcoc.org</u> Website: fhcoc.org

YouTube - https://www.youtube.com/c/ChurchOfChristForestHillTX Facebook - https://www.facebook.com/cocfh