



Church of Christ
IN FOREST HILL

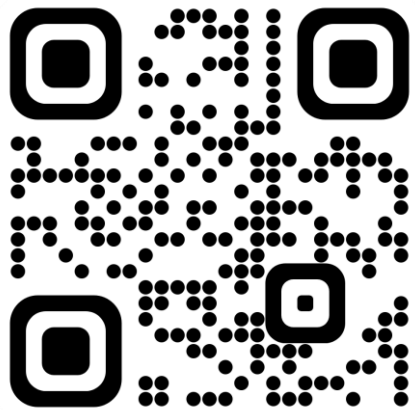
Announcements
Sunday, Feb. 19, 2023



“For we walk by faith, not by sight.” 2 Cor. 5:7

Member Accountability

(In-person AND Virtual)



Text the word **CHECK** to
(817)563-7171
Then click the link.

(**Each time** you attend worship or classes.)

(817) 563-7171



7:18 PM

Check

Click link to check-in:

<https://churchteams.com/m/g.asp?v=dFB3UFRIbTRvUFpQNU1hUUc4ckFFT3ZCcElkQStSSCs>



7:18 PM

Be sure to click the link you receive, then check the service/class you are attending and submit.

Our Vision

The Church of Christ in Forest Hill bringing glory to God by transforming lives through active evangelism, compassionate service, inspired edification and relevancy.

Our Mission

The Church of Christ in Forest Hill is committed to glorifying God and actively sharing the Spirit of Christ with all mankind by effectively equipping ourselves with spiritual development, fellowship, Christian compassion, and stewardship.



Church of Christ
IN FOREST HILL



*Spread the Word
Difundir la palabra*

*Church of Christ in Forest Hill
Conducts
In-person Sunday Worship
Service in Spanish
Sundays: 10:00 a.m.
Minister: Bro. José G. Martinez*

*Iglesia de Cristo en Forest Hill
Conduce
Servicio de adoración Dominical
Presencial
En Español
Domingos: 10:00 a.m.
Ministro: Hno. José G. Martinez*

World Bible School

Spreading God's Word throughout the World!

- Are you interested in working with this evangelistic effort?*
- Please contact Bro. Roscoe Rhodes or Bro. Walford Jones for more information.*





Thank
you

Gratitude

Sis. Charlie Mae Jones is thankful to the Forest Hill church family for all the kind deeds done for her and her family concerning the homegoing service of their beloved aunt,

Sis. Ella Mae Goyens

Your kindness and deeds will always be remembered.

Gratitude

Sis. Brenda Thomas is thankful for a successful surgical procedure and safe travel for her husband. She asks continuous prayers for improved health.

She is grateful for all of you that prayed and called. God bless you all. Giving all praise to God!



Praise Reports

Praise God!

- **Sis. Olivia Brown** is out of the hospital and is recuperating in rehab.
- **Sis. Marsha Landrum** for the favorable medical procedure!
- **Sis. June Johnson** is feeling better!

Please keep all in your prayers.





Prayer Requests

- *Sis. Cimmarron Davis (outpatient procedure on Monday, Feb. 20th)*
- *Sis. Donna Boson (ill)*
- *Sis. Kay Clardy (spiritual strength)*
- *Sis. Sherian Hayward (health, strength, family)*
- *Sis. Annawaynette Kennard (ill)*
- *Sis. Tanya Kinslow (Praise God for a new home.)*



Prayer Requests

- *Sis Irene Ruiz (renewed health for her son, Steven, and herself)*
- *Bro. & Sis. LaJohn McDonald & Family*
- *Frankie Morris (Morris & Hughes families)*
- *Sis. Natalie Texada (decision-making)*
- *Sis. JoAnn Williams (for her sister Gladyes Reed's surgery-2/21/23, the Reed and Griffin families.)*



Confessions & Prayer Requests

- *Sis. Sherlon Allen*
- *Sis. Tina Belcher*
- *Sis. Melinda Howard (and for health & strength)*
- *Bro. James Miller*
- *Sis. Pat Morton (and for strength)*
- *Bro. Wendell Upshaw (family decisions difficult situations)*



Prayer Requests for Others

- *Sis. Carol Allen (her cousin, Marcus Cumby, Sr. & family)*
- *Sis. Rosalyn Hubbard (Bro. Alvin Campbell, Sis. Ruby Williams, Sis. Annie Pearl Williams, Rosalind Larkins, and all of Sis. Hubbard's children)*
- *Bro. Jeramie Johnson (difficult job situations)*
- *Sis. Connie Williams (for her daughter-in-law's medical procedures and her co-workers's husband's medical condition)*
- *Bro Anthony Reid (for his friend, Tony Lloyd of Tennessee who suffered an injury)*



Continuous Prayer Requests

- *Sis. Florence Runnels (hospital)*
- *Sis. Dorace Ogwuegbu & son*
- *Sis. LaWanda Davis & family*
- *Sis. Pauline Gregory*
- *Sis. Glenda Stevens*



Sympathy Expressions

- *Sis. Carolyn White, in the sudden loss of her nephew in Greenville, MS. Special prayers for the Holmes family.*
- *Bro. Lynn Brown & Sis. Jennifer Britt in the loss of Sis. Britt's brother, Terry, Jr. Special prayers for peace.*
- *Sis. Sharon Kimble in the loss of her childhood friend, Tammy Coleman's son, Corey Fulbright. Prayers for the Everman School district and community.*



Condolences

*We extend heartfelt condolences to Sis.
Joann Williams in the recent loss of her
aunt,*

Clarissa Griffin Harris

Of Belzoni, MS

Services were held on February 10th & 11th.

Please keep the family in your prayers.



Condolences

*We extend heartfelt condolences to
Bro. Jessie Barnes in the loss of his
oldest brother,*

Billy Mitchell

*Services were held on Feb. 11, 2023, in
Dallas, TX*

Please keep the family in your prayers.

Call to Service

*The Family Life Ministry is seeking a **Graduation Program Coordinator**. This program recognizes and honors our High School, Vocational, and College graduates for their academic and social achievements.*

- Length of Commitment: This position is a **2- 4-year commitment**.*
- If you are interested in serving in this role, we encourage you to pick up an Information package from the church office today and return it by **March 7, 2023**.*
- The package includes the Family Life Mission Statement, the coordinator's application, a program description, and the Spiritual Gift Assessment link.*



Did you know?



**February is
American Heart Month**



**Brought to you by:
FHCOC Care Team
Ministry**

MORE ACTIONS TOWARD BETTER HEALTH

Get Enough Good-Quality Sleep

Sleep helps heal and repair your heart and blood vessels. It also helps:

- Maintain a healthy balance of the hormones that make you feel hungry or full
- Support healthy growth and development
- Support a healthy immune system

Over time, not getting enough quality sleep, called sleep deficiency, can raise your risk of [heart disease](#), [obesity](#), [high blood pressure](#), diabetes, and [stroke](#).

This table shows recent American Academy of Sleep Medicine (AASM) recommendations that the American Academy of Pediatrics (AAP) has e

Age	Recommended Hours of Sleep a Day
Babies 4 – 12 months	12 – 16 (including naps)
Children 1 – 2 years	11-14 (including naps)
Children 3 – 5 years	10 -13 (including naps)
Children 6 – 12 years	9 – 12
Children 13 – 18 years	8 – 10
Adults 18 years or older	7 – 9

ALSO:

- Spend time outside every day, if possible, and be physically active.
- Avoid nicotine and caffeine.
- Avoid heavy or large meals within a couple of hours before bedtime.
- Avoid alcoholic drinks before bed.
- Go to bed and wake up at the same time every day.
- Use the hour before bed for quiet time. Avoid exercise and bright light.
- Take a hot bath or use relaxation techniques before bed.
- Keep your bedroom quiet, cool, and dark.

Source: National Heart, Lung, and Blood Institute

Let's Bring Attention to Achieving Healthier Hearts!

*Please wear red on February 19th in
honor of American Heart Health Month.*

*We ask those who would like to
participate to wear red on February
19th in honor of American Heart Health
Month*



**February is
American Heart Month**



2022 Contribution statements are available.



Request your statement by:

- Emailing church.office@fhcoc.org
- Texting (682) 234-7822

Please include your name,
mailing address or email
address.

Tax
Time!



Children's Worship

Parents of Pre-K through 5th grade children are cordially invited and encouraged to check their children into our 4th Sunday

Children's Worship Service

When: Sunday, Feb. 26, 2023

Time: Prior to & during morning worship

Where: Hallway, near the Education Wing

More Info: See Bro. Coyle Allen, Sis. Sherlon Allen or Bro. Jeramie Johnson

Attention Parents!

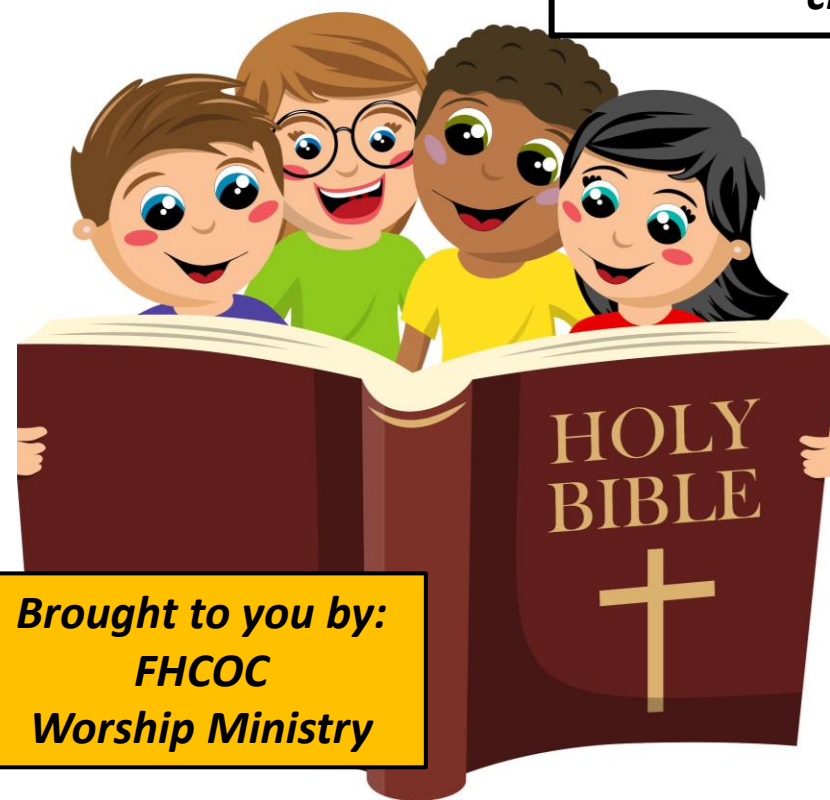
If you have a child between the ages of 4 and 9, please bring them to the Children's Bible Hour Class during the worship service (in the classroom next to the nursery).

The class is designed to enhance a solid Biblical foundation in our children by reinforcing the stories and books of the Bible for spiritual growth.

See Sis. Shanita Widemon for details.

Note:

***Our Youth Ministry's
Children's Worship meets on
4th Sundays. When Children's
Worship meets, we will be
closed.***



**Brought to you by:
FHCOC
Worship Ministry**



Evangelism Classes

*The FHCOC Evangelism Ministry will offer
Evangelism Classes*

March 18, and April 15, 2023

at 1 P.M.

at the building.

“SOUL WINNERS FOR JESUS.”

The classes will focus on:

- *Unequipped members to evangelize*
- *Active members yet unequipped to evangelize*
 - *Equipped but inconsistent*

*If you are interested, please sign up for the classes by
emailing evangelism.ministry@fhcoc.org
Or contact Bro. Roscoe Rhodes, Sr. through the church
phone at 817-563-7171.*

Brought to you by:
FHCOC Care Team
Ministry



We need a headcount!

Please sign up for this class
immediately following worship
service near today's Table Talks.

Sign-up Deadline: 2.19.23

Are you interested in learning about CPR? Come to our CPR Class!

What: *A representative from the American Red Cross will offer a CPR class to members of the Forest Hill Church of Christ. Leadership sponsored participants will receive a Basic Life Support Certification.*

When: *Sat., Feb. 25, 2023*

Time: *9 a.m. – 12 noon*

Where: *FHCOC Church Building*

More Info: *Contact Sis. Alesha Brown or call
the church at 817-563-7171*

2023 Ministry Fair Table Talks

Ministry Fair Table Talks in back of the auditorium, following worship services!

Get valuable information about Kingdom work! Sign up!

Feb/March/April Table Talks:

Sun., 2/19/23 – Mothering in Christ

Sun., 2/26/23 – Technology, Nursery/Children's Bible Hour

Sun., 3/5/23 – Youth Ministry

Sun., 4/2/23 – Outreach Ministry

Sun, 4/23/23 – Fish & Bread Ministry

**Brought to you by:
FHCOC Public
Relations Ministry**



A large, stylized golden treble clef and a musical staff with several notes are positioned on the left side of the image. The staff is tilted upwards from left to right. The background is a dark purple gradient with glowing purple musical notes and lines.

Singing Practice for Forest Hill Singers

*Sundays
5 p.m.*

*Conference Room B
New members are
welcome.*

*Brought to you by:
FHCOC Family Life
Ministry*



2023 Texas State Youth Conference

When: June 29 – July 2, 2023

Where: Longview, TX

Designed for youth, ages 8 – 19

**Theme: Why Jesus? (Will you also go
away?) John 6: 66-69**

Cost: \$220

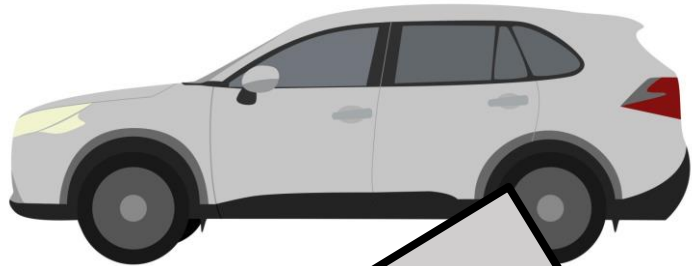
Parents, money is due by April 2, 2023

**For more information: Contact Bro. Coyle Allen,
Sis. Sherlon Allen, or Bro. Jeramie Johnson. Or, call
the church phone at 817-563-7171.**

**Brought to you by:
FHCOC
Youth Ministry**

Van Ministry

(The van is currently running only on Sundays)

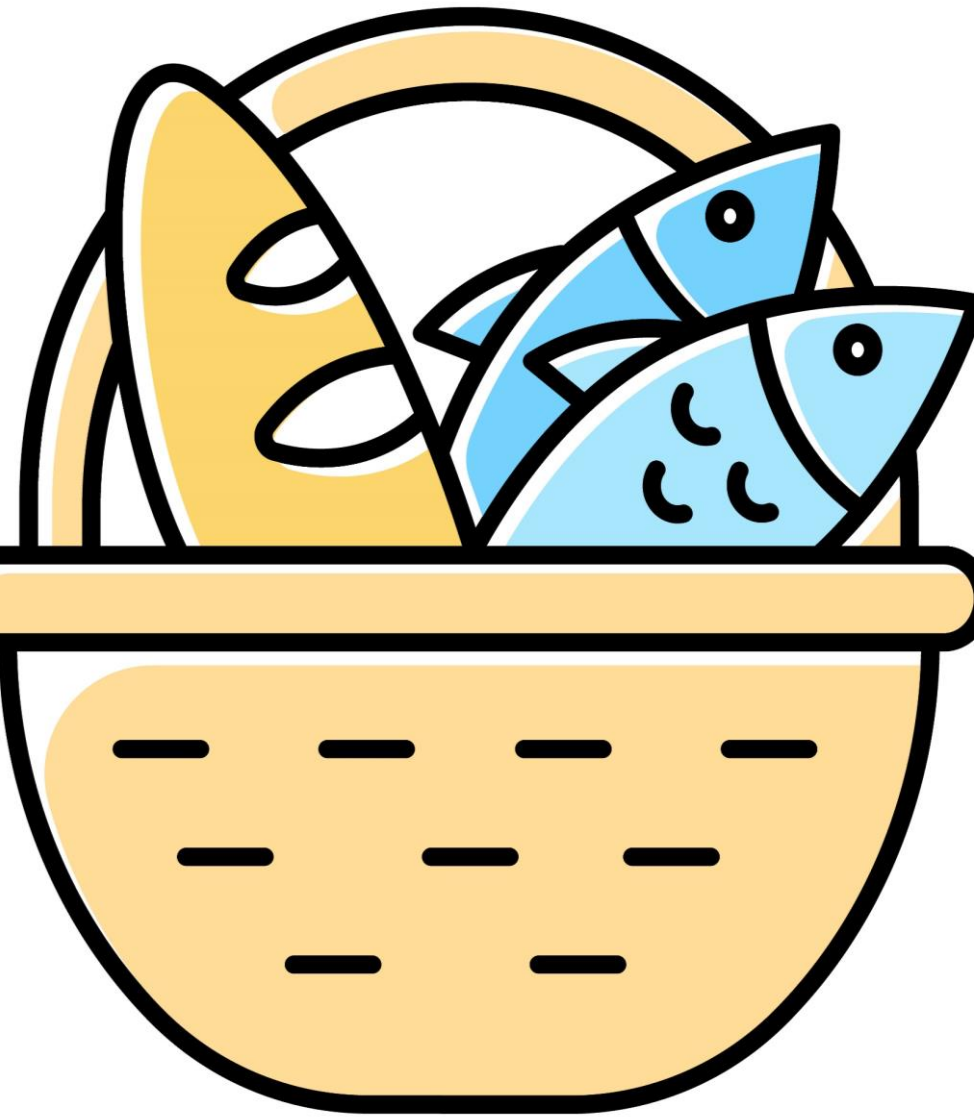


**Drivers
needed!**

- *Members, if you wish to ride the van on **Sunday morning, please leave a message by 9 p.m. on Saturday evening.***

- *The van phone is not consistently monitored, so please call only once for a pick-up request.*
- *Please call to cancel any requested scheduled pick-up for which you will not be riding.*
- *A van driver will call you Sunday morning with a scheduled pick-up time for worship.*

Van phone number: 817-300-3819



Fish & Bread Ministry

The Fish & Bread Ministry is designed to assist with meals on a short-term basis for:

- mothers that have just given birth, and*
- members that are currently incapacitated and need assistance*

Please contact the Administration office with your request and the Coordinator, Sis. Monica Cross will contact you directly.



Recently Baptized? Attend New Convert Classes!!!

Sunday mornings at 8:45 a.m.

Contact Elder Walford Jones for more information about the Sunday class.

Wednesday evenings at 7:00 p.m.

Contact Elder Ed Henderson for questions about the Wednesday class.

A man with a beard and short dark hair, wearing a light blue denim shirt, is shown in profile from the chest up. He has his mouth open as if shouting or calling out, and his right hand is cupped around his mouth. The background is a bright yellow with a white, torn-paper-like edge separating it from the text area on the right.

Attention Brothers

Please join the Worship Ministry Coordinator, Bro. Kenneth Johnson **each Sunday morning** for morning briefing and prayer at **9:45 a.m. in the Overflow Room.**

February Servers

Scripture: Bro. John Whetstone

Prayer: Bro. William Woods

Giving/Communion: Bro. LaJohn McDonald

*Greenville Ave
Church of Christ
invites you to attend a
Lecture Series*

Salvation Has Been
BROUGHT DOWN

Register Today!

***Register at gacoc.org by March 1, 2023
Continental Breakfast and Lunch Will Be
Provided***

Must Register to Receive a Lunch Ticket.

**Sat., March 11, 2023
10:00 a.m. to 1:00 p.m.**

Speaker: Sammy Berry, Dallas West Church of Christ

Topic: A Purposeful Advancement of the Gospel

Philippians 1:12 – 13

Speaker: Rodney Williams, Garza Ave. Church of Christ

Topic: When I Am Attacked, I Won't Turn Back

Ephesians 6: 10-12

Speaker: Michael Griffin, Singing Hills Church of Christ

Topic: The Christian Expectation to Promote the
Gospel

Philippians 1:19 – 20

Panel Discussion Following the Last Presentation

Save the Date!
*Metroplex Bible Teachers'
Workshop*

DALLAS • FORT WORTH
MBTW

METROPLEX BIBLE TEACHERS WORKSHOP

Sponsored by area Churches of Christ

We're back. In Person.

When: Sat., April 29, 2023

Time: 8:30 a.m. – 1:30 p.m.

Where: Greenville Ave.
Church of Christ, Richardson,
TX 75081

Theme:

Moving Forward

*...forgetting those things
which are behind...*

Philippians 3:13

*We're here to equip and edify ALL
the Saints. MBTW is not just for
teachers! It's for empowering all
with tools to share God's Word.*

BLACK HISTORY

Celebration

SUN.
FEB. **26** 2023

2:00 PM

Christian Comedy

Fashion Show

Dancing

Alpha Phi Alpha

Music

Soul Food Dinner

and more



East Pointe Church of Christ

3029 Handley Drive

Fort Worth, TX 76112

"African Americans – A Lasting Legacy"

2023 Elders Membership Assignments List

This list is being provided so that our members can have a point of contact if they should have questions or concerns. Due to COVID - 19, this list was last updated in 2020. Under normal conditions, it's updated annually.

Elder	Member's Last Name Begins With...
Bro. John Flenoid	U – Z
Bro. Ed Henderson, Sr.	A – B
Bro. Henry Johnson	C – E
Bro. Walford Jones	F – H
Bro. Andre Landrum	I – K
Bro. Roy Whatley, Sr.	L – P
Bro. Billy Young	Q – T



Schedule of Activities – Sundays

Date & Time	Activity	Contact Person(s)	More Information
Sundays, 8:45 a.m.	Sunday Bible Study In-Person for all ages (No Stream)	Bro. Roscoe Rhodes (General adult class) Bro. Andrew Simmons (All ages)	817-563-7171, public.relations@fhcoc.org
Sundays, 9:45 a.m. (Announcements - 9:45 a.m. Worship Service-@10:00 a.m.)	Announcements/Worship In-Person, and streamed on fhcoc.org ,  ,  & Zoom Phone	Bro. Roy M. Whatley, Sr.	817-563-7171, roy.whatley.elder@fhcoc.org
Sundays, 10:00 a.m.	In-person Worship Service (English & Spanish) Servicio de adoración dominical	Bro. Roy M. Whatley, Sr.	817-563-7171, roy.whatley.elder@fhcoc.org

Schedule of Activities – Tuesdays through Saturdays

Date & Time	Activity	Contact Person(s)	More Information
Tuesdays, 9:45 a.m.	Women of Wisdom (WOW) Bible Study On Zoom	Sis. Marsha Landrum Sis. Brenda Thomas	817-563-7171, public.relations@fhcoc.org
Tuesdays, 10:00 a.m.	Men's Bible Study In-Person only	Bro. Henry Johnson	
*Tuesdays, 7:00 p.m. – 8:00 p.m.	The Tuesday Night Ladies Bible Class On Zoom	Sis. Doris Henderson	
Wednesdays, 6:45 p.m.	Wednesday Bible Study for all ages In-Person Adult Bible Class only is streamed on fhcoc.org ,  ,  & Zoom Phone	Bro. Emanuel White, Sr. (General Adult) Bro. Andrew Simmons (All ages)	

Resources

Resource	Information
Church Website	<ul style="list-style-type: none">• www.fhcoc.org
Submit a Prayer Request	<ul style="list-style-type: none">• Call the church phone: 817-563-7171• Text the church cell: (682) 234-7822• Email: church.office@fhcoc.org
Emotional Support	ChristianWorks offers Christian Counseling for members at a discounted rate of \$25/session. For a confidential referral email: fhcoc.cwc@gmail.com
Giving Options	Website: https://fhcoc.org/other/give Text: (817) 373-5370 Zelle: church.office@fhcoc.org U.S. Mail Church of Christ in Forest Hill 3916 Forest Hill Circle Forest Hill, Texas 76140



Email Updates Please Note

Church Office

church.office@fhcoc.org

Bro. Emanuel White, Sr.

emanuelwhite@fhcoc.org

*Moving forward, please use these email addresses
when emailing our church office or Bro. White.*

Thank you!



Church of Christ

I N F O R E S T H I L L

3916 Forest Hill Circle
Forest Hill, Texas 76140

Office Phone: **(817) 563-7171**

Church Cell Phone: **(682) 234-7822**

Email: church.office@fhcoc.org

Website: fhcoc.org

YouTube - <https://www.youtube.com/c/ChurchOfChristForestHillTX>

Facebook - <https://www.facebook.com/cocfh>