

*Wednesday,  
February 7, 2024*



*Church of Christ*

---

**I N F O R E S T H I L L**



# Spiritual Thoughts For Your Spiritual Walk

*Bible Studies with Emanuel White, Sr.*

1 CHRONICLES 16:34

*Give Thanks*  
TO THE LORD

FOR HE IS GOOD

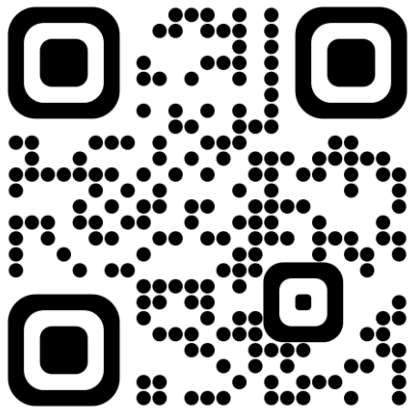
# ***Member Accountability***

***(In-person  
AND Virtual)***

***Attention!***

***If you have trouble  
checking in, please stop by  
the Public Relations  
Ministry Table for help, or  
to get checked in.***

***Thank you!***



**Scan the QR Code,  
or text the word **CHECK** to  
(817)563-7171  
Then click the link.**

**(**Each time** you attend worship or classes.)**

*For accountability  
purposes, the link for  
each service/class is  
open for check-in  
until  
**MIDNIGHT**  
each time.*

## *Our Vision*

*The Church of Christ in Forest Hill bringing glory to God by transforming lives through active evangelism, compassionate service, inspired edification and relevancy.*

## *Our Mission*

*The Church of Christ in Forest Hill is committed to glorifying God and actively sharing the Spirit of Christ with all mankind by effectively equipping ourselves with spiritual development, fellowship, Christian compassion, and stewardship.*



*Church of Christ*  
IN FOREST HILL





*Spread the Word  
Difundir la palabra*

*Church of Christ in Forest Hill  
Conducts  
In-person Sunday Worship  
Service in Spanish  
Sundays: 10:00 a.m.  
Minister: Bro. José G. Martinez*

*Iglesia de Cristo en Forest Hill  
Conduce  
Servicio de adoración Dominical  
Presencial  
En Español  
Domingos: 10:00 a.m.  
Ministro: Hno. José G. Martinez*

# *World Bible School*

*Spreading God's Word throughout the World!*

- Are you interested in working with this evangelistic effort?*
- Please contact Bro. Roscoe Rhodes or Bro. Walford Jones for more information.*



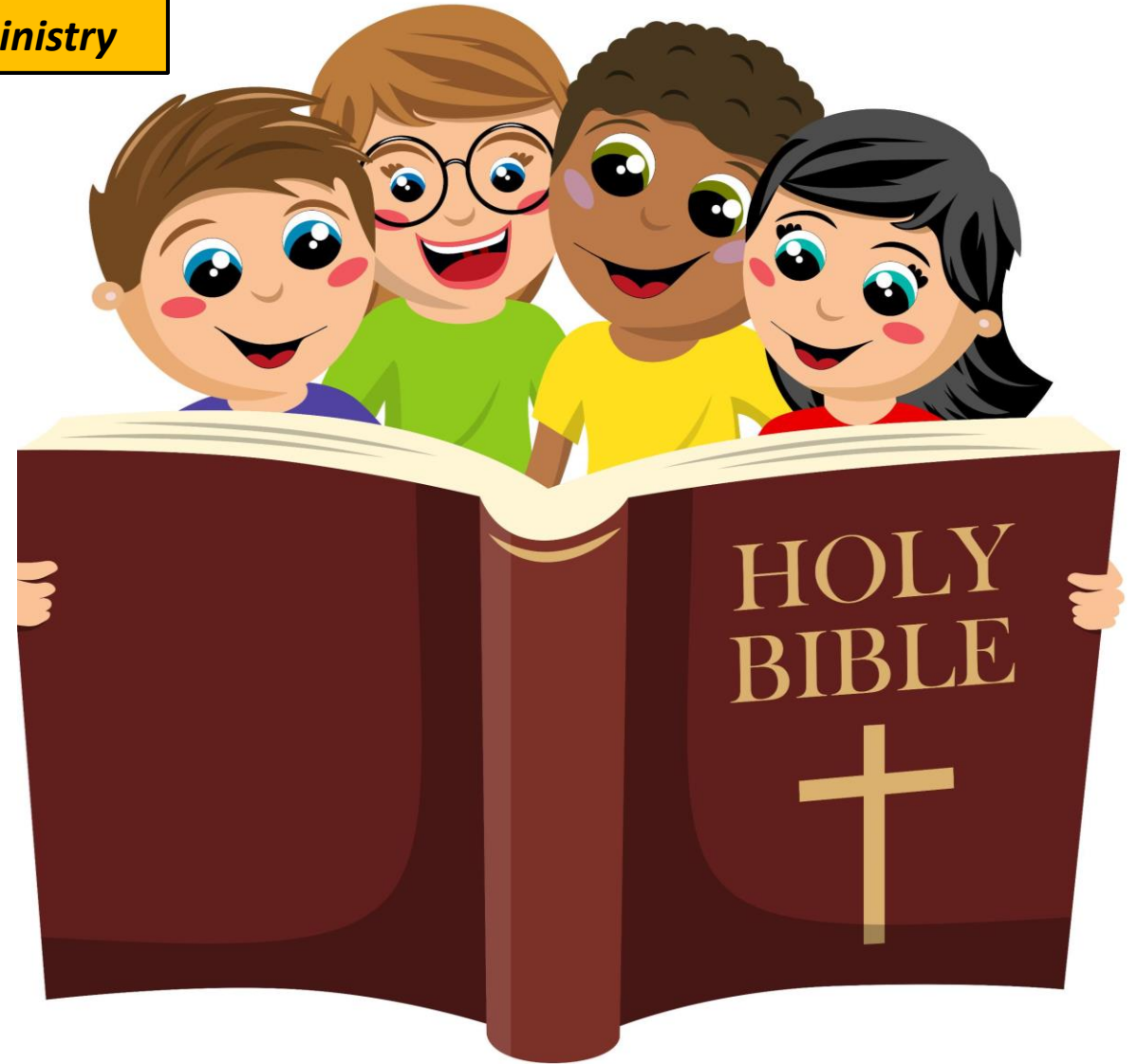
# Attention Parents!

Brought to you by:  
FHCOC  
Worship Ministry

*If you have a child between the ages of 4 through 9, please bring them to the Children's Bible Hour Class during the worship service (in the classroom next to the nursery).*

*The class is designed to enhance a solid Biblical foundation in our children by reinforcing the stories and books of the Bible for spiritual growth.*

*See Sis. Shanita Widemon for details.*





# SAVE THE DATE

**July 13 - 14, 2024**



**Church of Christ in Forest Hill**

FOREST HILL, TEXAS

**“Virtual (IN PERSON) Homecoming”**



# *Evangelism Teams Offers Personal Bible Studies!*

*Scan the QR Code to let us know if you, or someone you know would like to schedule a Bible study via one of the following ways:*

- *Correspondence Course*
- *Phone Study*
- *Zoom Study*
- *In-person Study*





# *Leadership Training for FHCOC Present & Future Leaders and their Wives*

*Continues  
Sunday,  
Feb. 11<sup>th</sup>*

- *When: Feb. 11, 2024*
- *Time: 4:30 p.m. – 6:00 p.m.*
- *Where: FHCOC Auditorium*

# *Distribution of Food to the Community*

*FHCOC Food Pantry in partnership with TAFB  
Bank will distribute food to the community.*

*Every*

*Fr*

**No Food Distribution**

**On February 19<sup>th</sup>**

**Feb. 19<sup>th</sup> is a TAFB holiday, and they will  
not be making deliveries.**

*Con...* **2024**

*Con...* **Bro & Sis Cliff and Kim Simril**

*Remember Ephesians 2:10 "For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them." NKJV*

*ught to  
the*

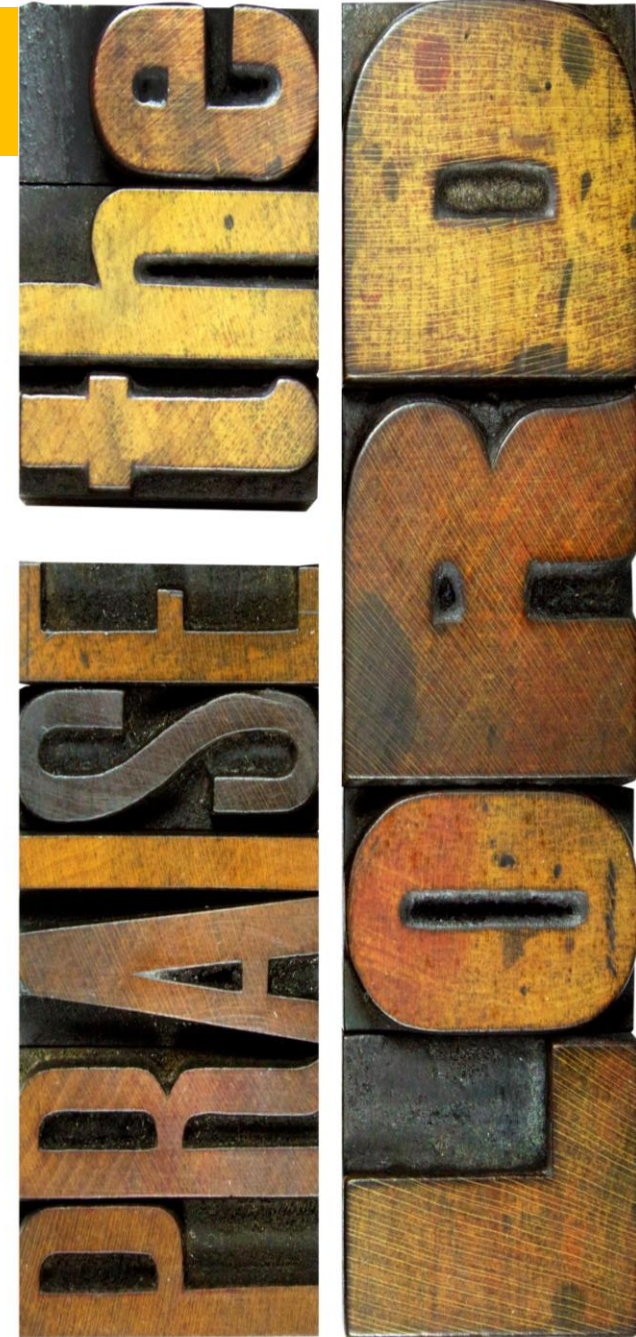


# *Praise and Thanksgiving!*

## *Praise God*

- *Bro. Troy and Sis. Alesha Brown are praising God for healing their daughter, Tennell.*

*Please keep all in prayer for God's continued favor.*





# Gratitude

*“Dear Saints,  
Thank you for all your acts of kindness,  
resolution, and prayers. All who attended  
Bro. Willie Young’s service, I appreciate  
the sacrifice.*

*Please continue to pray for me as I walk  
this journey without him.”*

**Sis. Dorothy Young**  
**(Sister-in-law of our elder, Bro. Billy  
Young)**



**Thank  
You!**



# *Prayer Requests*

- ***Sis. Alexis Atkinson*** (that she may feel worthy and have faith that God Wants her to have)
- ***Sis. Cheryl Appleberry and Donna Johnson*** (for healing and restored health for Bro. Anthelas and Sis. Donna Johnson who are sick.)
- ***Sis. Erin Backus*** (for her faith to be strong and for her family's health, hearts, and grace; spiritual growth)

# Prayer Requests

- **Sis. LaTrese Cole** (for her brother, Warren II's health to be renewed to wholeness)
- **Sis. Angela Cothron** (for grace for her family; for her daughter's health)
- **Bro. David Craft** (for healing for his wife, Renee)
- **Bro. Jeffrey and Sis. Cimmarron Davis** (for Catherine Davis, mother of Jeffrey Davis is ill; Johnneatha Bailey, cousin of Cimmarron Davis hospitalized due to a serious medical incident.





# *Prayer Requests*

- ***Please pray for our members who are in their aging season.***
- ***Bro. Alton and Sis. Marver Easter** (for their health)*
- ***Sis. Kimberly Geiger** (for confession and prayer request; pray that she will trust God, no matter what)*
- ***Sis. Melinda Howard** (for healing)*
- ***Bro. Aaron Hunter** (for God to continue to bless him with His grace and mercy)*



# Prayer Requests

- **Bro. LaJohn McDonald** (for confession and prayer request; thanks for prayers on behalf of his aunt and his family)
- **Sis. Juanita McCoy** (for healing)
- **Bro. James Miller** (for renewed health and strength; for his mother who is not feeling well; for upcoming medical decisions she and her family need to make)







# *Prayer Requests*

- ***Bro. Mark and Sis. Tricia Reid*** (for grace; for trial this week)
- ***Bro. Rodney Roland*** (for confession and prayer request; for grace for him and his driving team partner)
- ***Bro. James Shaw*** (requesting prayers)
- ***Bro Cliff Simril*** (for keeping him and his family in prayer while he works)

# Prayer Requests

- **Sis. Alicia Swing** (for healing)
- **Bro. Kelton White** (for confession and prayer request; to be the man he is supposed to be)
- **Sis. Shanita Widemon** (for her sister, LaBreda Walton, who is ill)
- **Sis. Sonja Woodard** (for confession and prayer request; for spiritual growth; keep her family in your prayers; requesting wisdom and direction as she makes important decisions; thank God for answered prayers)





A close-up photograph of a bouquet of white flowers, primarily lilies, with green foliage. The flowers are in various stages of bloom, and the background is softly blurred.

# Condolences

*We extend heartfelt  
condolences to Bro.  
Hamilton Landrum in  
the loss of his father  
who passed away on  
Monday, January 29,  
2024.*

*Please keep the family  
in your prayers.*

# *Fellowship Events!*

- Sun., March 10, 2024 – West Mansfield Homecoming and Gospel Meeting (March 10-14)
- Sun., March 31, 2024 – Metropolitan Easter Song Service
- Sat., April 6, 2024 – Richmond Musical
- Sun., April 7, April. , 2024 – Richmond Ave Homecoming and Gospel Meeting (April 7-10)



# *The Forest Hill Singers*

*New members are welcome.*

*See Sis. Alma Hills at the PR Table  
in the back for more information,  
or to join the group.*

*Regular rehearsals will start once  
Leadership Training is completed.*

*Rehearsals will be on*

*Sundays, 5 p.m. until 6:30 p.m.*





**Did you  
know?  
February is  
American  
Heart  
Month.**



***Brought to you by:  
FHCOC Care Team  
Ministry***

Heart disease is the leading cause of death in the United States, but it can often be prevented. Adopting a heart-healthy lifestyle can help you reduce the risk of heart disease and its risk factors. Take action to protect your heart by following these tips:

**Get Enough Quality Sleep – Lack of sleep or getting poor-quality sleep increases the risk of having high blood pressure, heart disease, and other medical conditions.**

- Try to aim for 7-9 hours of sleep a night.
- Go to bed and wake up at the same time each day.
- Exercise regularly, but not within 2-3 hours before bedtime.
- Avoid caffeine and nicotine.

**Eat Better – A flexible and balanced eating plan can help lower your high blood pressure and improve your cholesterol.**

- Follow the Dietary Approaches to Stop Hypertension (DASH) eating plan, which can help you create a heart-healthy eating style for life.
- Read nutrition labels to pick the food lowest in saturated fat, sodium, and added sugars.
- Try a mix of lean cuts of meat, eat fish once or twice a week, and eat two or more meatless meals each week.
- Consider whole fruits, dried fruits, unsalted rice cakes, fat-free and low-fat yogurt, or raw vegetables as a snack. Maintain a Healthy Weight

***Source: NIH – National Heart, Lung, and Blood Institute***

# February is American Heart Month

Brought to you by:  
FHCOC Care Team  
Ministry



*FHCOC Heart  
Healthy events for  
February 2024*

- Wear **RED** on Sunday, February 11, 2024 in recognition of Heart Health Month.
- View an important video about how to operate our AED tools near the end of worship service.

# 2024 Table Talks

**Take a few moments to stop by the Ministry Fair Table Talks in the back of the auditorium, immediately following worship services!**

*Get valuable information!*

**February Table Talks:**

**Sun., 2/25/24 – Graduation Program info and sign up (Family Life Ministry)**





# Forest Hill Church of Christ salutes Black History Month

*“Every Voice: A Portrait of African-American Churches of Christ,” created by Ella Kennin, hangs in the entrance of Harding School of Theology’s Meredith Restoration History Archive. Annie C. Tuggle, Marshall Keeble and Sylvia Rose are featured on the top row with Fred Gray, R.N. Hogan, G.P. Bowser and Samuel R. Cassius depicted on the bottom row.*

**Source** – *The Christian Chronicle: An International Newspaper for Churches of Christ*, Feb. 22, 2023





# ***FHCC Black History Heritage Dress Day***

Wear African Heritage  
Attire on Sunday,  
**February 25, 2024**  
in recognition of  
Black History Month.



# *2023 Contribution statements are available.*

**Request your statement by:**

- Emailing [church.office@fhcoc.org](mailto:church.office@fhcoc.org)  
**or**
- Texting (682) 234-7822 (If texting,  
please include your name and mailing  
address.)



# FHCOC Singles Ministry Events

**To RSVP or for More  
information:**

Email [singles.ministry@fhcoc.org](mailto:singles.ministry@fhcoc.org)

or call 469-454-8648



Friday, 2/9/24	<b>Singles' Discussion</b>	
Friday, 2/23/24	<b>Movie Night</b>	
Saturday, 3/2/24	<b>Singles' Outing Event</b>	
Saturday, 3/9/24	<b>Volunteering Opportunity</b>	



***For more information  
see  
Sis. Adrienne Gilbreath  
or  
Sis. Alesha Brown***

THE CHURCH OF CHRIST AT FOREST HILL  
PRESENTS

# LOVE

SATURDAY, FEBRUARY 10, 2024

4:00PM MOCKTAIL HOUR

5:00PM-7:00PM DINNER RECEPTION

JOIN US FOR A FUN NIGHT OF CELEBRATING  
LOVE WITH GAMES, MUSIC, FOOD, AND  
FELLOWSHIP WITH THE ONE YOU LOVE.

COST: \$25 PER PERSON  
REGISTRATION ENDS ON JANUARY 14TH

DRESS IN YOUR BEST DATE NIGHT ATTIRE &  
REMEMBER TO BRING CASH TO TIP YOUR SERVER  
CHILDCARE IS PROVIDED FOR A SMALL FEE

REGISTER HERE



Registration Closed





## *Recently Baptized? Attend New Convert Classes!!!*

---

**Sunday mornings at 8:45 a.m.**

Contact Elder Walford Jones for more information about the Sunday class.

**Wednesday evenings at 7:00 p.m.**

Contact Elder Ed Henderson for questions about the Wednesday class.



# *WOW Bible Class (Women of Wisdom)*

*Tuesdays at @10 a.m.*

*1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Tuesdays on Zoom; 4<sup>th</sup> Tuesdays in person*

*More Info: See Sis. Marsha Landrum*



SHOW ME THE WAY  
Presented by

**The Tuesday Night**

# **LADIES**

## **BIBLE CLASS**

7:00 to 8:00 p.m. CDT  
ON TUESDAYS

---

**Forest Hill Church of Christ**  
**LADIES**

---

**Questions**  
**CALL**  
**817-563-7171**





# *Attention Brothers*



*Please join the Worship Ministry Coordinator, Bro. Kenneth Johnson, **each Sunday morning** for a morning briefing and prayer at **9:45 a.m. in the Overflow Room.***

## **February Servers**

**Scripture:** Bro. James Miller

**Prayer:** Bro. James Cothron

**Giving/Communion:** Bro. Darryl Sanders



**ATTENTION  
PLEASE**

# *Please Note!*

*The deadlines for submitting announcement requests to be published are as follows:*

- ***Saturday, 6 p.m.*** for Sunday *published* announcements
- ***Wednesday, 2 p.m.*** for Wednesday *published* announcements

*Only approved announcements will be published. Approved announcements submitted after the deadlines will be announced at response time, if possible.*

*Thank you for your understanding and cooperation.*

# Van Ministry

*(The van is currently running only on Sundays)*



**Drivers  
needed!**

- *Members, if you wish to ride the van on **Sunday morning, please leave a message by 9 p.m. on Saturday evening.***

- *The van phone is not consistently monitored, so please call only once for a pick-up request.*
- *Please call to cancel any requested scheduled pick-up for which you will not be riding.*
- *A van driver will call you Sunday morning with a scheduled pick-up time for worship.*

**Van phone number: 817-300-3819**





# *Fish & Bread Ministry*

---

*The Fish & Bread Ministry is designed to assist with meals on a short-term basis for:*

- mothers that have just given birth, and*
- members that are currently incapacitated and need assistance*

*Please contact the Administration office with your request and the Coordinator, Sis. Monica Cross will contact you directly.*

Lake Como Church of Christ extends a warm invitation to the Installation Ceremony for their new minister, Bro. Jarvis Davis.

***Sunday, February 19, 2024***

*Schedule of Events:*

- *Morning Service, 10:30 a.m., Dr. Kristopher DarDar of East Pointe Church of Christ, speaker*
  - *Lunch: 12:30 p.m. – 2:15 p.m.*
- *Installation Service, 2:30 p.m., Dr. Rodney Dulin of Central Pointe Church of Christ, host*

# *Russell Road Church of Christ's 22<sup>nd</sup> Annual Men's Day Seminar*

*Theme: "Finding Our Way Back Home"*

- ***Topics and Presenters***

- *When the Church Stopped Being the Church, Mike Williams*
- *The Bible Has Not Changed, Why Have We? Jerry Houston*
- *Finding Our Way Back Home, Randall Tucker*
- *Plus, a Panel Discussion with 6 panelists who will address questions*

- ***When:*** Saturday, February 24, 2024

- ***Time:*** Registration and Breakfast begins at 8:15 a.m. Lunch will be served.

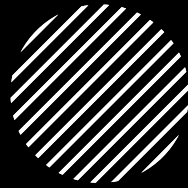
- ***Where:*** Russell Road Church of Christ, 1852 Russell Road, Shreveport, LA 71107

- *For more info, see the flyer in the foyer.*





# From the East Pointe Church of Christ



**BLACK** | HISTORY  
MONTH

*On **Sunday, February 25, 2024, at 2:30 p.m.**  
at the East Pointe Church of Christ (3029  
Handley Dr., Ft. Worth, 76112), we cordially  
invite all communities and friends of faith to  
join together as we tell our story through  
song, the fine arts, narratives of history, and  
much more.*

***We will be serving a soul food meal after  
morning service, before the program.***

*We anticipate your presence as we convey  
this story. OUR story, like never before.*

*Yours in the Most Holy Faith,*

*Dr. Kristopher K. DarDar*

AGES  
18-39

CENTRAL POINTÉ CHURCH

*presents...*

BRIDGE CON

GOD

IS

G.O.O.D.

GOVERNING OUR OBSTACLES DIVINELY

MARCH 8-10, 2024

CENTRAL POINTÉ CHURCH OF CHRIST

7440 S. WESTMORELAND RD. | DALLAS, TX 75237 | [CENTRALPOINTECHURCH.ORG](http://CENTRALPOINTECHURCH.ORG)

GUEST SPEAKER

*Dr. Robert Davis*

DRAYTON MILLS CHURCH OF CHRIST  
SPARTANBURG, SC



# *Grandway Church of Christ Gospel Meeting and Fellowship Sunday*

- ***Preached by:*** Bro. John H. Dansby Sr.
- ***Gospel Meeting:*** Wed., Fri., Mar. 20 – 22, 2024 @ 7 p.m. at 213 W. Burleson St., Marshall, TX
- ***Fellowship Day:*** Sun., Mar. 24, 2024 at the Marshall Convention Center, 2501 E. End Blvd S, Marshall, TX





# *Cedar Crest Church of Christ Celebrating a Century of Ministry*

## ***Save the dates!***

*The Cedar Crest Church of Christ will be celebrating their 100<sup>th</sup> year anniversary for the entire month of March 2024. For more information about the month-long celebration, visit their website at [cedarcrestcoc.org](https://cedarcrestcoc.org)*

**SAT, MAR 2, 2024**

*All day*

[\*Albert Walker Sr. Community Day Festival\*](#)

**SAT, MAR 9, 2024**

*All day*

[\*Cephas A. Northcutt, Sr. Celebration Luncheon\*](#)

**SUN, MAR 10, 2024**

*All day*

[\*Minister's & Family Appreciation\*](#)

**SUN, MAR 17, 2024**

*8:00 am - 5:00 pm*

[\*Legacy Sunday; Past & Present Elders\*](#)

**SAT, MAR 23, 2024**

[\*C.C. Locke Celebration Musical\*](#)

**SUN, MAR 24, 2024**

[\*100th Homecoming Celebration\*](#)

**SUN MAR 31, 2024**

[\*Waydell Nixon Family & Friends Day\*](#)



1 PETER 2:21

# Walking IN THE FOOTSTEPS OF Christ

## SOUTHSIDE LADIES DAY

SATURDAY, APRIL 20  
8AM-2PM

IN THE VALLEY | COZETTE PALMER  
AT THE WELL | MELISSA MAHAFFEY  
AT THE CROSS | MELISSA ZENTENO  
IN THE GARDEN | VALERIE MCMAHAN

\$15 (BREAKFAST & LUNCH INCLUDED)

CHILDCARE AVAILABLE (DONATIONS APPRECIATED)

REGISTER @ [SSCOFC.ORG/LADIESDAY](https://SSCOFC.ORG/LADIESDAY)

SOUTHSIDE CHURCH OF CHRIST | 2101 HEMPHILL ST. | FORT WORTH, TX | 76110

**What:** Southside Ladies Day Program "Walking in the Footsteps of Jesus"

**Who:** All Ladies Welcome (Childcare available)

**When:** Saturday April 20, 2024 from 8AM to 2PM

**Where:** Southside Church of Christ - 2101 Hemphill, St 76110

**Why:** Enjoy four different speakers for encouragement and insight on how we can walk daily in Jesus's footsteps. Come fellowship with other sisters in Christ and enjoy some good food as well!

**How:** Register online at [SSCOFC.ORG/ladiesday](https://SSCOFC.ORG/ladiesday)

**Cost:** \$15 (Breakfast and lunch included.)

*Note: Childcare is free, but donations are appreciated.*

### Questions?

Call the Southside COC office at 817-923-8276.

# 2024 Elders Membership Assignments List

*Members, please consult  
this list to see the elder  
you are assigned for the  
2024 year.*

Elder	Member's Last Name Begins With...
John Flenoid	Q – T
Ed Henderson, Sr.	U – Z
Henry Johnson	A – B
Walford Jones	C – E
Andre Landrum	F – H
Roy Whatley, Sr.	I – K
Billy Young	L – P







# Schedule of Activities – Sundays

Date & Time	Activity	Contact Person(s)	More Information
Sundays, 8:45 a.m.	<b>Sunday Bible Study</b> In-Person for all ages (No Stream)	Bro. Roscoe Rhodes (General adult class) Bro. Andrew Simmons (All ages)	817-563-7171, <a href="mailto:public.relations@fhcoc.org">public.relations@fhcoc.org</a>
Sundays, 9:45 a.m. (Announcements - 9:45 a.m. Worship Service-@10:00 a.m.)	<b>Announcements/Worship</b> In-Person, and streamed on <a href="http://fhcoc.org">fhcoc.org</a> ,  ,  & Zoom Phone	Bro. Roy M. Whatley, Sr.	817-563-7171, <a href="mailto:roy.whatley.elder@fhcoc.org">roy.whatley.elder@fhcoc.org</a>
Sundays, 10:00 a.m.	<b>In-person Worship Service</b> (English & Spanish) Servicio de adoración dominical	Bro. Roy M. Whatley, Sr.	817-563-7171, <a href="mailto:roy.whatley.elder@fhcoc.org">roy.whatley.elder@fhcoc.org</a>

# Schedule of Activities – Tuesdays through Saturdays

Date & Time	Activity	Contact Person(s)	More Information
Tuesdays, 9:45 a.m.	<b>Women of Wisdom (WOW) Bible Study</b> 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> Tuesday: On Zoom 4 <sup>th</sup> Tuesday: In-person. 5 <sup>th</sup> Tuesday: Local activities, if scheduled.	Sis. Marsha Landrum Sis. Brenda Thomas	<b>817-563-7171,</b> <a href="mailto:public.relations@fhcoc.org">public.relations@fhcoc.org</a>
Tuesdays, 10:00 a.m.	<b>Men's Bible Study</b> In-Person only	Bro. Henry Johnson	
Tuesdays, 7:00 p.m. – 8:00 p.m.	<b>The Tuesday Night Ladies Bible Class</b> On Zoom	Sis. Doris Henderson	
Wednesdays, 7:00 p.m.	<b>Wednesday Bible Study for all ages</b> In-Person Adult Bible Class only is streamed on <a href="http://fhcoc.org">fhcoc.org</a> ,  , 	Bro. Emanuel White, Sr. (General Adult) Bro. Andrew Simmons (All ages)	

# Resources

Resource	Information
Church Website	<ul style="list-style-type: none"><li>• <a href="http://www.fhcoc.org">www.fhcoc.org</a></li></ul>
Submit a Prayer Request	<ul style="list-style-type: none"><li>• Call the church phone: <b>817-563-7171</b></li><li>• Text the church cell: <b>(682) 234-7822</b></li><li>• Email: <a href="mailto:church.office@fhcoc.org">church.office@fhcoc.org</a></li></ul>
Emotional Support	ChristianWorks offers Christian Counseling for members at a discounted rate of \$25/session. For a confidential referral email: <a href="mailto:fhcoc.cwc@gmail.com">fhcoc.cwc@gmail.com</a>
Giving Options	Website: <a href="https://fhcoc.org/other/give">https://fhcoc.org/other/give</a> Text: (817) <b>373-5370</b> Zelle: <a href="mailto:church.office@fhcoc.org">church.office@fhcoc.org</a> U.S. Mail Church of Christ in Forest Hill 3916 Forest Hill Circle Forest Hill, Texas 76140





# *Email Updates Please Note*

*Church Office*

[church.office@fhcoc.org](mailto:church.office@fhcoc.org)

*Bro. Emanuel White, Sr.*

[emanuelwhite@fhcoc.org](mailto:emanuelwhite@fhcoc.org)

*Moving forward, please use these email addresses  
when emailing our church office or Bro. White.*

*Thank you!*



# *Church of Christ*

---

I N F O R E S T H I L L

3916 Forest Hill Circle  
Forest Hill, Texas 76140

Office Phone: **(817) 563-7171**

Church Cell Phone: **(682) 234-7822**

Email: [church.office@fhcoc.org](mailto:church.office@fhcoc.org)

Website: [fhcoc.org](http://fhcoc.org)

YouTube - <https://www.youtube.com/c/ChurchOfChristForestHillTX>

Facebook - <https://www.facebook.com/cocfh>