

## FOREST HILL

Church of Christ

Wednesday, February 28, 2024

## Spiritual Thoughts For Your Spiritual Walk

Bible Studies with Emanuel White, Sr.

Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.

Colossians 3:16



#### Member Accountability (In-Person and Virtual)

#### Scan the QR code,

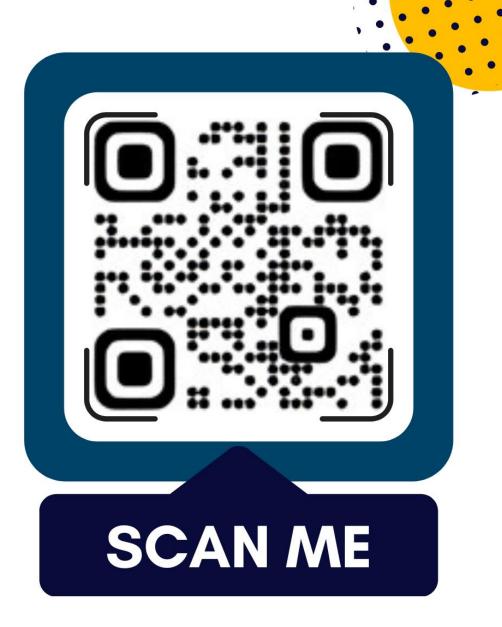
#### or text the word CHECK to (817) 563-7171,

#### then click the link.

(Do this each time you attend worship or classes)



For accountability purposes, the link for each service/class is open for check-in until **MIDNIGHT**.



If you have trouble checking in, please stop by the Public Relations Ministry table for help, or to get checked in. Thank you!



The Church of Christ in Forest Hill bringing glory to God by transforming lives through active evangelism, compassionate service, inspired edification and relevancy.



The Church of Christ in Forest Hill is committed to glorifying God and actively sharing the Spirit of Christ with all mankind by effectively equipping ourselves with spiritual development, fellowship, Christian compassion, and stewardship.





#### Spread the Word Difundir la palabra

Church of Christ in Forest Hill Conducts In-person Sunday Worship Service in Spanish Sundays: 10:00 a.m. Minister: Bro. José G. Martinez

Iglesia de Cristo en Forest Hill Conduce Servicio de adoración Dominical Presencial En Español Domingos: 10:00 a.m. Ministro: Hno. José G. Martinez

## World Bible School Spreading God's Word throughout the World!

- Are you interested in working with this evangelistic effort?
- Please contact Bro. Roscoe Rhodes or Bro. Walford Jones for more information.



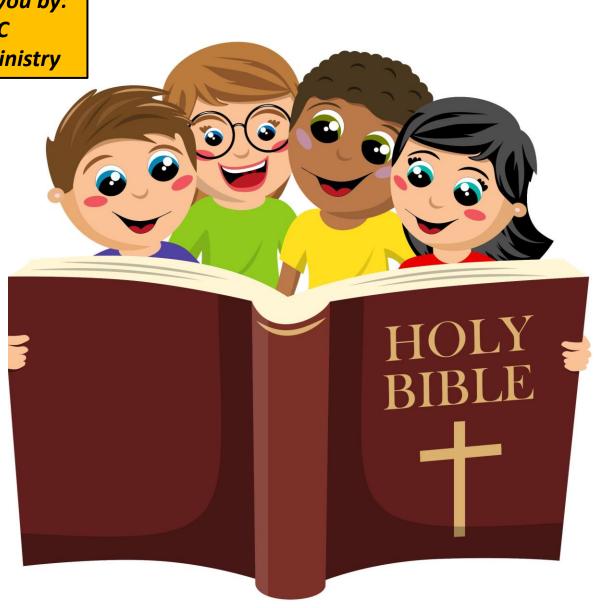
## Attention Parents!

Brought to you by: FHCOC Worship Ministry

If you have a child between the ages of 4 through 9, please bring them to the Children's Bible Hour Class during the worship service (in the classroom next to the nursery).

The class is designed to enhance a solid Biblical foundation in our children by reinforcing the stories and books of the Bible for spiritual growth.

See Sis. Shanita Widemon for details.



## SAVE THE DATE DEADLINE TO LET DEADLINE TO U'RE DEADLINE YOU'RE DISKNON YOU IN USKNON ED IN USKNON ED IN USKNON ESTED USKNON ESTED USKNON ESTED USKNON ESTENDING: INTERESTING: July 13 - 14, 2024

#### Church of Christ in Forest Hill Forest Hill, Texas

"Virtual (IN PERSON) Homecoming"



## Evangelism Teams Offers Personal Bible Studies!

Scan the QR Code to let us know if you, or someone you know would like to schedule a Bible study via one of the following ways:

- Correspondence Course
- Phone Study
- Zoom Study
- In-person Study



Congratulations to Bro. Troy Brown – New **Buildings and** Grounds Coordinator

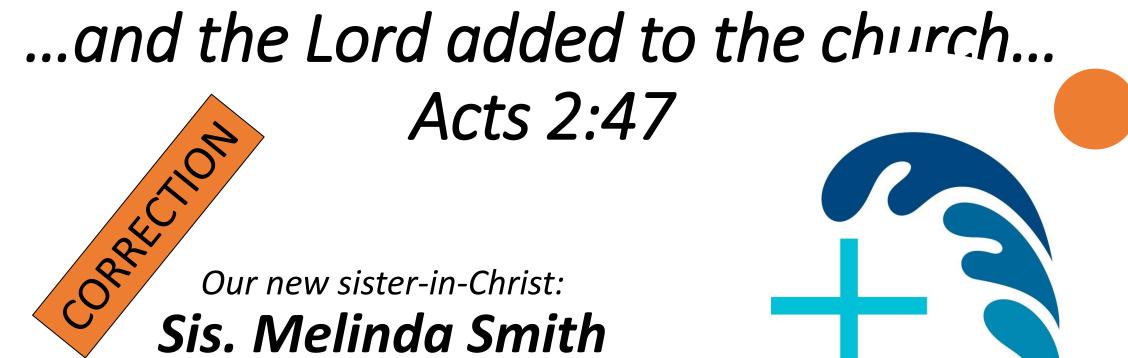
May God richly bless him in his new role in the Kingdom!



Congratulations to Sis. Doris Henderson – New Education Ministry Coordinator

May richly bless her in her new role in the Kingdom!





Our apologies for the previous misspelling.

She was baptized for the remission of sins on Sun., Feb. 18, 2024.



#### Gratitude

#### Church Family,

We are so grateful for your thoughtful and generous baby gift. Thank you for thinking of us during this special time.

Special thank you to Sis. Thorns.

May God continue to bless and keep you and your great works through your ministry.

Bro. James and Sis. Michele Smith

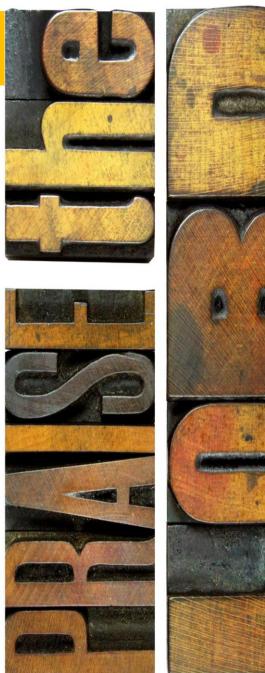


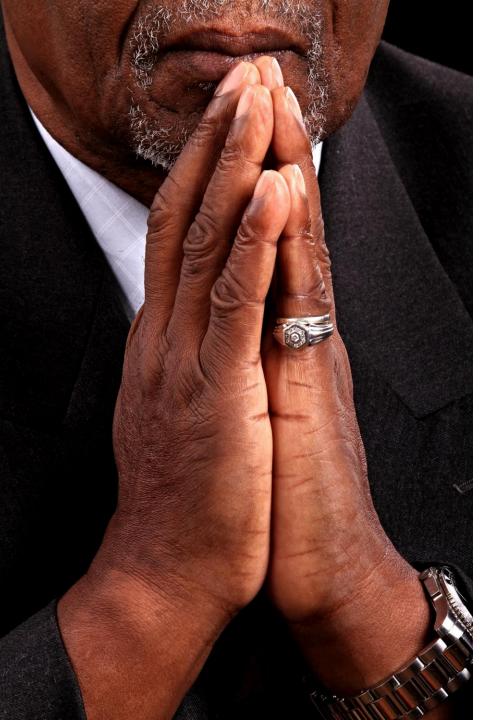
#### **Praise and Thanksgiving!**

#### Praise God

- *Sis. Alexis Atkinson* is thankful to Bro. White for the message and the Mobley's for the new convert class. She is thankful to Erin Backus for bringing here her one year ago.
- **Bro. Joshua Davenport's** surgery went well and he is completely healed.
- Sis. Alice Brown is thanking God for answered prayers

Please keep all in prayer for God's continued favor.





- Sis. Kathy Bellamy (for her father who is in rehabilitation)
- Sis. Mattie Brewer (for a close friend in the death of her husband on Feb. 20<sup>th</sup>, her birthday)
- Catrina Brooks (for recovery for her nephew and his family who were in an auto accident; renewed health and strength)

- Sis. Luticia Clemmons (renewed health and strength; thank God for answered prayer)
- **Bro. Darwynn and Sis. LaTres Cole** (for God's healing power, strength, and restoration for their Dad, David Cole, Sr.)
- Sis. LaWanda Davis (for healing; praise God for answered prayers)





- Sis. Sherian Hayward (for renewed health and strength)
- Sis. Melinda Howard (for confession and prayer request; for her daughter, Brandi McCoy who recently had surgery)
- Sis. Donna Johnson (for renewed health and strength; for spiritual growth; for Sis. Cheryl Appleberry who is ill; thanking God for answered prayers)

- **Bro. Henry Johnson,** our elder (for his wife, Sis. Mattie Johnson)
- Sis. Toresha Johnson (confession and prayer request; thank God for His grace and mercy; for being a better Christian)
- Sis. Charlie Mae Jones (for healing from illness)
- Bro. Willie and Sis. Shelia Lynch (for both of their daughters, Shawna Lynch Watkins and Tiffany Lynch Hayes, who are having medical concerns)





- Sis. Jacqueline Pitts (for her friend, Yvette Burton who suffered a serious medical incident in Houston; grace for her husband, Raymond, and herself)
- **Bro. Wendell Upshaw** (confession and prayer request; continuous prayers for his family)
- Sis. Helen Woods (for her neighbor, Nellie Bradford for successful surgery and a speedy recovery)

- Special prayers for **Sis. Jacqueline Pitts,** who is in the hospital.
- Pray one for another during this cold and flu season.
- Please pray for our members who are in their aging season.
- ullet



• Bro.

## Condolences

We extend our heartfelt condolences to Bro. James Mobley in the loss of his uncle,

#### **James Earl Holmes**

Who transitioned Tues., Feb. 20<sup>th</sup> Services were held on Tues., Feb. 27<sup>th</sup> in Tyler, TX.

Please keep the family in your prayers.





## Condolences

We extend heartfelt condolences to Sis. Dollie Gentry in the loss of her brotherin-law, **Don Gentry** who transitioned Tues., 2/20/24 in Mansfield, TX

<u>Funeral Service</u>: Sat., March 9<sup>th</sup>, 11 a.m. Baker's Funeral Home 301 E Rosedale St, Ft. Worth, TX 76104

Please keep the family in your prayers.

- <u>Sun., March. 10, 2024</u> West Mansfield Homecoming and Gospel Meeting (March 10-14)
- <u>Sun., March 31, 2024</u> Metropolitan Easter Song Service
- <u>Sat., April 6, 2024</u> Richmond Musical
- <u>Sun., April 7, April., 2024</u> Richmond Ave Homecoming and Gospel Meeting (April 7-10)







# The Forest Hill Singers

New members are welcome.

Regular rehearsals will start on <u>Sunday, March 3<sup>rd</sup> at 5:00 p.m.</u> in Conference Room B.

See Sis. Alma Hills at the PR Table in the back for more information, or to join the group. Did you know? February is American Heart Month.



Brought to you by: FHCOC Care Team Ministry

#### Take action to protect your heart by following these tips:

Manage blood sugar. Maintaining stable blood sugar levels is crucial for heart health, especially for people with diabetes or those at risk of developing diabetes.

• Eat a diet rich in whole foods, including vegetables, fruits, whole grains, lean proteins, and healthy fats.

- Monitor your carbohydrate intake and choose complex carbohydrates, like whole grains and legumes, to help control blood sugar levels.
- Talk to your healthcare provider about how often you should check your blood sugar levels, especially if you have diabetes.

Manage Stress Learning how to manage stress with healthy coping strategies helps improve your emotional and physical health.

- Use relaxation techniques that combine breathing and focused attention on pleasing thoughts and images to calm the mind and body.
- Consider meditation, as it can help to lower stress.
- Take a yoga class to help lower stress and improve mindfulness. It may also offer you a supportive community.

#### Source: NIH – National Heart, Lung, and Blood Institute

#### Distribution of Food to the Community

FHCOC Food Pantry in partnership with Tarrant Area Food Bank will distribute food to the community.

#### Every <u>3rd Monday</u> of each month From 2 p.m. – 4 p.m. (or until supplies last)

Next distribution date is Mar. 18, 2024

*More information:* 

Contact Bro Henry Johnson or Bro & Sis Cliff and Kim Simril

Remember.... Ephesians 2:10 "For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand that we should walk in them." NKJV



## 2024 Table Talks

Take a few momentsto stop by the MinistryFair Table Talks in the back of the auditorium,immediately following worship services!

Get valuable information!

February/March Table Talks:

<u>Sun., 3/3/24</u> – **Graduation Program** info and sign up (Family Life Ministry)







## Survey

Thank you all so much for your support of the Valentine's Dinner that occurred on Saturday, Feb 10th. If you were in attendance, we would love your feedback. Please scan the QR code and let us know any suggestions you have for next year.

## 2023 Contribution statements are available.

#### **Request your statement by:**

• Emailing <u>church.office@fhcoc.org</u>

#### or

• Texting (682) 234-7822 (If texting, please include your name and mailing address.)



## 2024 Texas State Youth Conference

<u>When</u>: July 4 – July 7, 2024 <u>Where</u>: Marriott DFW, Irving, TX Designed for youth, ages 8 – 19 <u>Theme</u>: Hard Fighting Soldier II Timothy 2: 3-4 <u>Cost</u>: \$240

Parents, money is due by April 14, 2024

*For more information: Contact Bro. Coyle Allen, Sis. Sherlon Allen, or Bro. Jeramie Johnson. Or, call the church phone at 817-563-7171.* 

Brought to you by: FHCOC Youth Ministry

#### **Outreach Ministry presents Spring Festival 2024**

#### Saturday, March 23, 2024, 11 a.m. – 3 p.m. Save the date! For more information, see Bro. and/or Sis. Richardson









## To RSVP or for More information:

Email <u>singles.ministry@fhcoc.org</u> or call 469-454-8648

aturday, 3/2/24	Singles' Outing Event	
aturday, 3/9/24	Volunteering Opportunity	

#### Marriage Class Starting Sunday, 3/17/24

- What? A marriage class will begin soon!
- For whom? Anyone interested in the topic of marriage, including those who are married, and those who are not married, and interested in the topic of marraige. (All are welcome)
- When? Starting Sun., March 3<sup>rd</sup>.
- Time? 8:45 a.m.
- Where? The Education Wing



#### Saturday, March 30, 2024 8:00 a.m. – 10:30 a.m.

Men's Breakfast welcomes the brothers of FHCOC to meet and get information during a fellowship breakfast. See Bro. Vallo Cross for more information, or call 817-563-7171



## Men's Breakfast

Brought to you by the FHCOC Family Life Ministry



#### Recently Baptized? Attend New Convert Classes!!!

#### Sunday mornings at 8:45 a.m.

Contact Elder Walford Jones for more information about the Sunday class.

#### Wednesday evenings at 7:00 p.m.

Contact Elder Ed Henderson for questions about the Wednesday class.



#### WOW Bible Class (Women of Wisdom)

Tuesdays at @10 a.m. 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Tuesdays on Zoom; 4<sup>th</sup> Tuesdays in person More Info: See Sis. Marsha Landrum

SHOW ME THE WAY Presented by

The Tuesday Night

#### BIBLE CLASS

7:00 to 8:00 p.m. CDT ON TUESDAYS

Forest Hill Church of Christ LADIES

> Questions CALL 817-563-7171

#### **Attention Brothers**

• Please join the Worship Ministry Coordinator, Bro. Kenneth Johnson, **each Sunday morning** for a morning briefing and prayer at **9:45 a.m. in the Overflow Room**.

- March Servers
- <u>Scripture</u>: Bro. John Whetstone
- <u>Prayer</u>: Bro. Kenneth Mason, Jr.
- <u>Giving/Communion</u>: Bro. Jeffrey Davis





# Please Note!

The deadlines for submitting announcement requests to be published are as follows:

- Saturday, 6 p.m. for Sunday published announcements
- Wednesday, 2 p.m. for Wednesday <u>published</u> announcements

Only approved announcements will be published. Approved announcements submitted after the deadlines will be announced at response time, if possible.

Thank you for your understanding and cooperation.

# Van Ministry

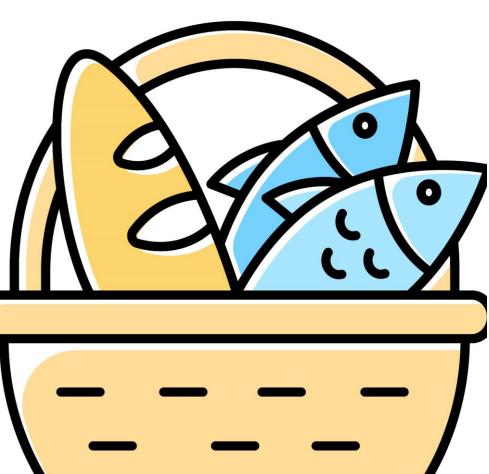
### (The van is currently running only on Sundays)

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# Members, if you wish to ride the van on Sunday morning, please leave a message by 9 p.m. on Saturday evening.

- The van phone is not consistently monitored, so please call only once for a pick-up request.
- Please call to cancel any requested scheduled pickup for which you will not be riding.
- A van driver will call you Sunday morning with a scheduled pick-up time for worship.

#### Van phone number: 817-300-3819



# Fish & Bread Ministry

The Fish & Bread Ministry is designed to assist with meals on a short-term basis for:

- mothers that have just given birth, and
- members that are currently incapacitated and need assistance

Please contact the Administration office with your request and the Coordinator, Sis. Monica Cross will contact you directly. 2024 Metroplex Bible Teachers' Workshop



• For whom: All interested Christian Educators and church members who want additional biblical education, learning established and new, tried and true teaching methods for individual and church growth.

- Where: Marsalis Avenue Church of Christ in Dallas, Texas
- When: Saturday, April 20, 2024
- *Time:* 7:30 a.m. to 12:15 pm (breakfast and lunch are provided)
- The workshop is still **FREE** of charge.
- **FREE** childcare will be provided for children 3 to 8 years old.

#### AGES 18-39

### CENTRAL POINTÉ CHURCH presents... BRIDGECON

GOVERNING OUR OBSTACLES DIVINELY

#### MARCH 8-10, 2024

CENTRAL POINTÉ CHURCH OF CHRIST 7440 S. Westmoreland Rd. | Dallas, TX 75237 | centralpointechurch.org Guest Speaker Pr. *Robert Dav* 

DRAYTON MILLS CHURCH OF CHRIST SPARTANBURG, SC

## Grandway Church of Christ Gospel Meeting and Fellowship Sunday

- **Preached by**: Bro. John H. Dansby Sr.
- Gospel Meeting: Wed., Fri., Mar. 20 – 22, 2024 @ 7 p.m. at 213 W. Burleson St., Marshall, TX
- Fellowship Day: Sun., Mar. 24, 2024 at the Marshall Convention Center, 2501 E. End Blvd S, Marshall, TX





## SOUTHSIDE LADIES DAY

#### Saturday, april 20 8am-2pm



IN THE VALLEY | COZETTE PALMER AT THE WELL | MELISSA MAHAFFEY AT THE CROSS | MELISSA ZENTENO IN THE GARDEN | VALERIE MCMAHAN

\$15 (BreakFast & LUNCH INCLUDED) CHILDCARE AVAILABLE (DONATIONS APPRECIATED) **FEGISTER @ SSCOFC.ORG/LADIESDAY** 

SOUTHSIDE CHUICH OF CHIIST | 2101 HEMPHILL ST. | FOIT WOITH, TX | 76110

What: Southside Ladies Day Program "Walking in the Footsteps of Jesus"
Who: All Ladies Welcome (Childcare available)
When: Saturday April 20, 2024 from 8AM to 2PM
Where: Southside Church of Christ - 2101 Hemphill, St 76110

**Why:** Enjoy four different speakers for encouragement and insight on how we can walk daily in Jesus's footsteps. Come fellowship with other sisters in Christ and enjoy some good food as well!

How: Register online at <u>SSCOFC.ORG/ladiesday</u>

**Cost:** \$15 (Breakfast and lunch included.) *Note: Childcare is free, but donations are appreciated.* 

**Questions?** Call the Southside COC office at 817-923-8276.

#### Cedar Crest Church of Christ Celebrating a Century of Ministry

Save the dates! The Cedar Crest Church of Christ will be celebrating their 100<sup>th</sup> year anniversary for the entire month of March 2024. For more information about the month-long celebration, visit their website at cedarcrestcoc.org

SAT, MAR 2, 2024

All day
Albert Walker Sr. Community Day Festival

SAT, MAR 9, 2024 All day <u>Cephas A. Northcutt, Sr. Celebration Luncheon</u>

> SUN, MAR 10, 2024 All day <u>Minister's & Family Appreciation</u>

SUN, MAR 17, 2024 8:00 am - 5:00 pm Legacy Sunday; Past & Present Elders

SAT, MAR 23, 2024 C.C. Locke Celebration Musical

SUN, MAR 24, 2024 100th Homecoming Celebration

SUN MAR 31, 2024 Waydell Nixon Family & Friends Day

#### The FHCOC Care Team says, be safe!

During this cold and flu season, please be safe. If you are feeling sick, please stay home. Feel free to wear a mask in the assembly. If you have any questions or concerns, please let us know. Thank you



# 2024 Elders Membership Assignments List

Members, please consult this list to see the elder you are assigned for the 2024 year.

Elder	Member's Last Name Begins With
John Flenoid	Q – T
Ed Henderson, Sr.	U – Z
Henry Johnson	A – B
Walford Jones	С — Е
Andre Landrum	F — H
Roy Whatley, Sr.	I — K
Billy Young	L — P

#### Schedule of Activities – Sundays

Date & Time	Activity	Contact Person(s)	More Information
Sundays, 8:45 a.m.	Sunday Bible Study In-Person for all ages (No Stream)	Bro. Roscoe Rhodes (General adult class) Bro. Andrew Simmons (All ages)	817-563-7171, public.relations@fhcoc.org
Sundays, 9:45 a.m. (Announcements - 9:45 a.m. Worship Service-@10:00 a.m.)	Announcements/Worship In-Person, and streamed on fhcoc.org, f, & & Zoom Phone	Bro. Roy M. Whatley, Sr.	817-563-7171, roy.whatley.elder@fhcoc.org
Sundays, 10:00 a.m.	In-person Worship Service (English & Spanish) Servicio de adoración dominical	Bro. Roy M. Whatley, Sr.	817-563-7171, roy.whatley.elder@fhcoc.org

#### Schedule of Activities – Tuesdays through Saturdays

Date & Time	Activity	Contact Person(s)	More Information
Tuesdays <i>,</i> 9:45 a.m.	Women of Wisdom (WOW) Bible Study 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> Tuesday: On Zoom 4 <sup>th</sup> Tuesday: In-person. 5 <sup>th</sup> Tuesday: Local activities, if scheduled.	Sis. Marsha Landrum Sis. Brenda Thomas	
Tuesdays <i>,</i> 10:00 a.m.	<b>Men's Bible Study</b> In-Person only	Bro. Henry Johnson	817-563-7171, public.relations@fhcoc.org
Tuesdays <i>,</i> 7:00 p.m. – 8:00 p.m.	<b>The Tuesday Night Ladies Bible Class</b> On Zoom	Sis. Doris Henderson	
Wednesdays, 7:00 p.m.	Wednesday Bible Study for all ages In-Person Adult Bible Class only is streamed on fhcoc.org, f	Bro. Emanuel White, Sr. (General Adult) Bro. Andrew Simmons (All ages)	

#### Resources

Resource	Information
Church Website	• <u>www.fhcoc.org</u>
Submit a Prayer Request	<ul> <li>Call the church phone: 817-563-7171</li> <li>Text the church cell: (682) 234-7822</li> <li>Email: <u>church.office@fhcoc.org</u></li> </ul>
Emotional Support	ChristianWorks offers Christian Counseling for members at a discounted rate of \$25/session. For a confidential referral email: <u>fhcoc.cwc@gmail.com</u>
Giving Options	Website: <u>https://fhcoc.org/other/give</u> Text: (817) <b>373-5370</b> Zelle: <u>church.office@fhcoc.org</u> U.S. Mail Church of Christ in Forest Hill 3916 Forest Hill Circle Forest Hill, Texas 76140

# Follow us on Social Media



Facebook - facebook.com/cocfh

#### Instagram – @fhcoctx

YouTube youtube.com/c/ChurchOfChristForestHillTX



LinkedIn – linkedin.com/company/fhcoc



#### Church of Christ

#### <u>Address</u>

*3916 Forest Hill Circle Forest Hill, Texas 76140* 

<u>Office Phone:</u> (817) 563-7171 <u>Church Cell Phone:</u> (682) 234-7822

Website: fhcoc.org

Church Office <u>church.office@fhcoc.org</u>

**Emails** 

Bro. Emanuel White, Sr., Senior Minister <u>emanuelwhite@fhcoc.org</u>

Bro. Roscoe Rhodes, Evangelism Minister <u>evangelism.ministry@fhcoc.org</u>

> Bro. Coyle Allen, Youth Minister youth.ministry@fhcoc.org